

RETAIL MARKET AT A GLANCE

Summary

Rice

The retail prices of local samba, local keeri samba, local nadu, local raw red and local raw white have decreased while the price of imported samba has increased. Further, compared to the same period of the last year, the highest price decrease of 15% was recorded for local keeri samba.

(Page No.01)

Other Field Crops

The retail prices of local red onions, green gram, white cowpea, red cowpea and red dhal have increased while the retail price of imported dried chili, imported big onion, Nuwara Eliya potato and imported potato have decreased. However, compared to the same period of the last year, the highest price increase of 81% was reported for imported big onions.

(Page No.01)

Vegetables

The retail prices of most of the up country vegetables have decreased and the highest price decrease was reported for raddish by Rs.7.00/kg. However, the highest price increase was reported for beans by Rs.48.00/kg. In line with the wholesale prices, the retail prices of most of the low country vegetable varieties have increased and the highest price increase was reported for drumstick by Rs.19.00/kg. Further, compared to the same period of the last year, the highest price increase of 107% was reported for tomato.

(Page No.04-05)

Fruits

In line with the increased wholesale prices, retail prices of most of the fruits have increased. The highest price increase of Rs.122.00/kg was reported for vilad mango. However, the price of wood apple has decreased by Rs.35.00/kg. Further, compared to the same period of the last year, the highest price increase of 90% was reported for kolikuttu banana.

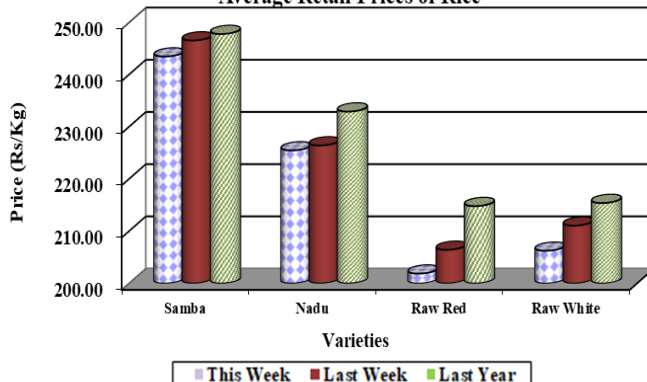
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Fish

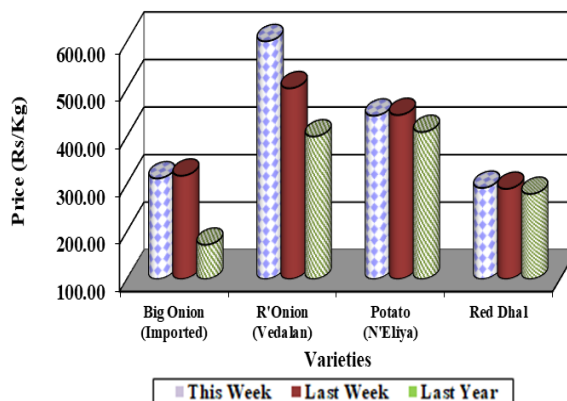
The retail prices of most of the fish varieties have increased compared to the previous week. The highest price increase of Rs.194.00/kg was recorded for paraw. However, compared to the same period of the last year, the highest price increase of 24% was recorded for kelawalla.

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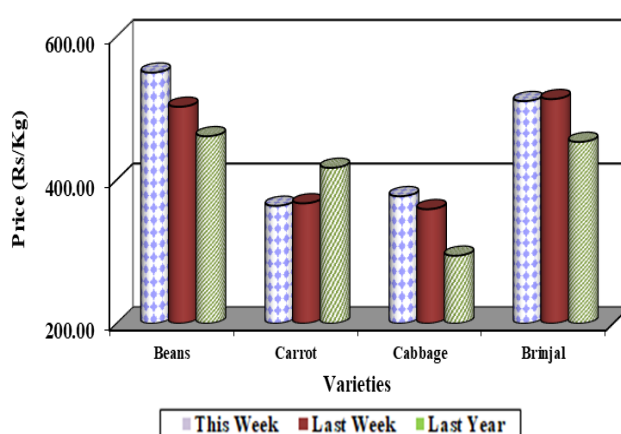
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



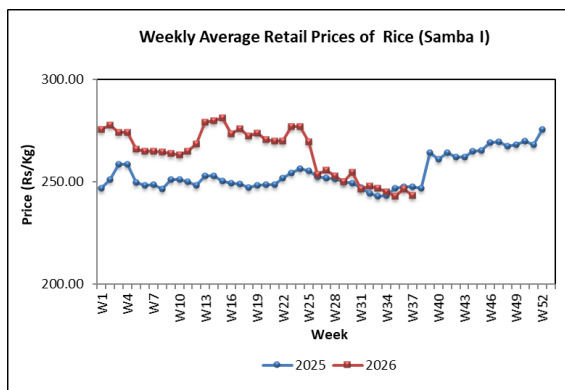
Rice**Wholesale**

Price of all rice varieties have not changed significantly and price ranged of raw white and raw red were Rs.170.00-190.00/kg and Rs.160.00-170.00/kg.

Compared to the same period of the last year, all of the rice varieties have decreased significantly and the highest price decreased of 16% was recorded for raw red.

Retail

Prices of local samba, local keeri samba, local nadu, local raw red and local raw white have decreased while the price of imported samba has increased. The highest price decrease of Rs.5.00/kg was recorded for local raw white and the highest price increase of Rs. 3.00/kg was recorded for imported samba.



Compared to the same period of the last year, the highest price decrease of 15% was recorded for local keeri samba.

Paddy

During this week, a mixed market trend can be observed, similar to the previous week. Slight price increases and decreases in short grain paddy are reported across the monitored areas. The average price of short-grain paddy decreased slightly in Anuradhapura from Rs. 109.00 last week to Rs.108.00 this week, and in Ampara from Rs.115.00 to Rs.114.00. However, in Polonnaruwa, a notable increase of Rs.4.00 per kilo was recorded, as the price rose from Rs.96.00 last week to Rs.110.00 this week. Overall, the average farmgate price of short-grain paddy ranged between Rs.105.00 and Rs.120.00.

Additionally, in the Polonnaruwa area, the average farmgate price of keeri samba paddy reported an increase of Rs.18.00 per kilo, rising from Rs.104.00 to Rs.122.00, while in the Anuradhapura area, the average farmgate price dropped by Rs.5.00 per kilo from Rs.124.00 to Rs.119.00.

Meanwhile, long-grain white paddy prices in Polonnaruwa and Dehiattakandiya increased by Rs.15.00 and Rs.14.00 per kilo respectively, with prices ranging from Rs.97.00 to Rs.110.00 per kilo. Similarly, prices in Anuradhapura, Kalawewa, and Ampara areas dropped slightly during this week. Furthermore, the average farmgate price of long-grain red paddy in the

Embilipitiya area increased by Rs.5.00 per kilo compared to last week, with its price range reported between Rs.104.00 and Rs.105.00.

In comparison with the corresponding period of the previous year, producer prices for paddy varieties recorded a downward trend in most major growing regions. Significant decreases were noted in short grain paddy 12%-22%, keeri samba 23%-28%, long-grain white paddy 10%-16%, and long-grain red paddy 9%.

Dried Chillies

Wholesale

The price of imported dried chillies has decreased by 4% and price ranged Rs.1000.00-1150.00/kg.

Compared to the same period of the last year, current wholesale price of imported dried chillies has increased by 73%.

Retail

Price of imported dried chillies has decreased by Rs. 2.00/kg and price ranged Rs. 1200.00-1500.00/kg.

Compared to the same period of the last year, current retail price of imported dried chillies has increased by 63%.

Onion

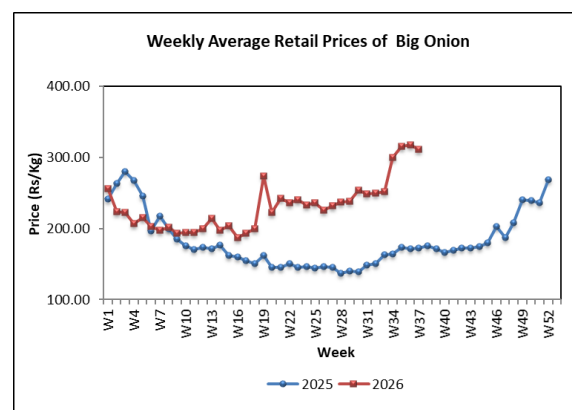
Wholesale

Price of vedalan red onion has increased by 17% due to unavailability of sufficient stocks and price ranged Rs.270.00-450.00/kg. Price of imported big onion has not changed significantly and price of local big onion has decreased by 3% and price ranged Rs.260.00-270.00/ kg.

Compared to the same period of the last year, current wholesale price of imported big onion and local big onion have increased by 114% and 83% respectively.

Retail

Prices of local red onions have increased by Rs.99.00/kg and imported big onions have decreased by Rs.6.00/kg.



Compared to the same period of the last year, the price increase of 50% was recorded for local red onions and the highest price increase of 81% was recorded for imported big onions.

Potato

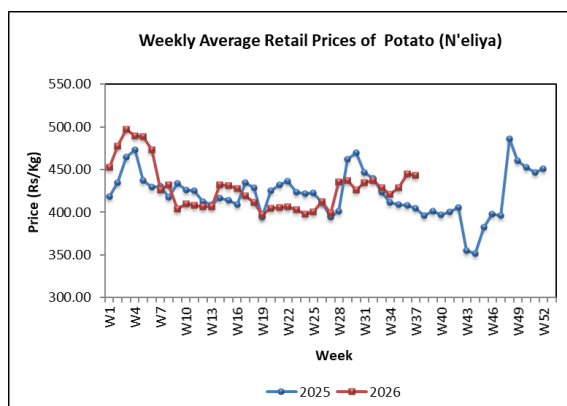
Wholesale

Price of Nuwara Eliya and imported potato has decreased by 2% and 7% respectively and price ranged Rs.330.00-380.00/kg and Rs.170.00-220.00/kg.

Compared to the same period of the last year, current wholesale price of Welimada potato has increased by 44% and Nuwara Eliya potato has increased by 38%.

Retail

Price of Nuwara Eliya potatoes and imported potatoes have decreased by Rs.1.00/kg and Rs.4.00/kg.



Compared to the same period of the last year, highest price increase of 8% was recorded for Nuwara Eliya potato.

Pulses

Wholesale

Price of red cowpea and red dhal have increased by 4% and 25 price ranged Rs.680.00-750.00/kg and Rs.240.00-255/kg. Prices of green gram and white cowpea have not changed significantly.

Compared to the same period of the last year, the highest price decrease of 36% was recorded for white cowpea.

Retail

Prices of green gram, white cowpea, red cowpea and red dhal has increased by Rs.1.00/kg, Rs.1.00/kg, Rs.7.00/kg and Rs.2.00/kg. The highest price increase of Rs.7.00/kg was recorded for red cowpea.

Compared to the same period of the last year, highest price increase of 5% was recorded for red dhal and highest price decrease of 13% was recorded for white cowpea.

Vegetables

Wholesale

Prices of most of the upcountry vegetables have decreased, with increased supply

from most of the producing areas. Prices of most of the low country vegetables have increased, due to low stock position.

Among the upcountry vegetable varieties, the highest price decrease of 16% reported for leeks, with increased supply from Thalawakele. Similarly, the prices of knolkhol have also decreased by 12%, due to increased supply from Dambulla and Kandy. While the prices of carrot have decreased by 10%, with increased supply from Nuwara Eliya. However, the price of cabbage has increased by 31%, with decreased supply from Nuwara Eliya, Puttalam and Welimada.

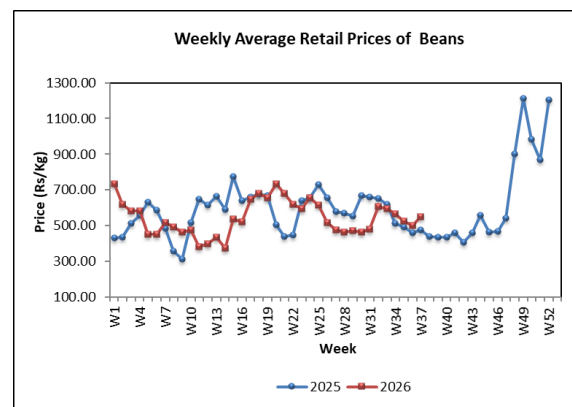
Considering the low-country vegetables, the highest price increase was reported for ladies fingers as 34%, due to decreased supply from Embilipitiya, Hambanthota and Anuradhapura. In addition, prices of snake gourd have also increase by 23%, with decreased supply from Embilipitiya, Puttalam, Tissamaharama and Hanwellla, while the price of long beans has increased by 14%, with decreased supply from Balangoda, Puttalam and Embilipitiya. However, the prices of brinjals have decreased by 14%, with increased supply from Jaffna, Puttalam, Welimada and Embilipitiya. Prices of lime have further increased by 33% due to decrease supply from Monaragala, Padiyathalawa and

Embilipitiya. According to market information prices of lime will increase further, due to off season.

Compared to the same period of the last year, the prices of most of the vegetables have increased, with the highest price increase of 250% reported for pumpkin.

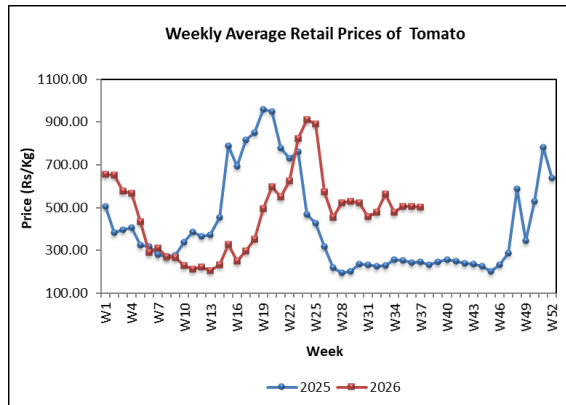
Retail

Considering the up-country vegetables, with the decrease in wholesale prices, retail prices of most of vegetable varieties have also decreased and the highest price decrease was reported for raddish by Rs.7.00/kg. While prices of carrot and knolkhol have decreased by Rs.3.00/kg. However, the prices of beans, beetroot and cabbage have increased by Rs.48.00/kg, Rs.21.00/kg and Rs.18.00/kg respectively.



Considering low country vegetable varieties, with the increase in wholesale prices, retail prices of most of vegetable varieties have also increased and the highest price increase was reported for

drumstick by Rs.19.00/kg. However, the price of capsicum and ladies fingers have decreased by Rs.16.00/kg and Rs.14.00/kg respectively. Also, the price of lime has increased by Rs.272.00/kg.



Compared to the same period of the last year, prices of most of vegetable varieties have increased with a highest price increase of 107% was reported for tomato.

Coconut Wholesale

Prices of both large and small coconut have increased nearly by 1%. Price ranges were Rs.160.00-170.00 for a large nut and Rs.140.00-150.00 for a small nut.

Compared to the same period of the last year, the current wholesale prices of both large and small nuts have decreased by 11% and 9% respectively.

Retail

Prices of both large nuts and small nuts have increased by around Rs. 1.00.00/nut.

Prices ranged Rs. 170.00-200.00 for a large nut and Rs. 150.00-160.00 for a small nut.

Compared to the same period of last year the current retail prices of both large and small nuts have decreased by 13% and 15% respectively.

Fruits Wholesale

Prices of most of the fruit varieties have increased due to low supply to the market. The highest price increase of 18% was reported for passion fruit. However, the prices of papaw and vilad mango have shown no significant change.

Compared to the same period of the last year, prices of most of the fruit varieties have increased and the highest price increase of 112% was recorded for kolikuttu banana.

Retail

In line with the increased wholesale prices, retail prices of most of the fruits have also increased. The highest price increase of Rs.122.00/kg was reported for vilad mango. Price of orange, slime apple and passion fruit have increased by Rs.45.00/kg, Rs.39.00/kg and Rs.38.00/kg respectively. Also, prices of avocado, ambun banana and

kolikuttu banana increased by Rs.32.00/kg, Rs. 23.00/kg and Rs. 21.00/kg. However, the price of wood apple has decreased by Rs.35.00/kg.

Compared to the same period of the last year, current prices of most of the fruits have increased and highest price increase of 90% was reported for kolikuttu banana.

Fresh Fish

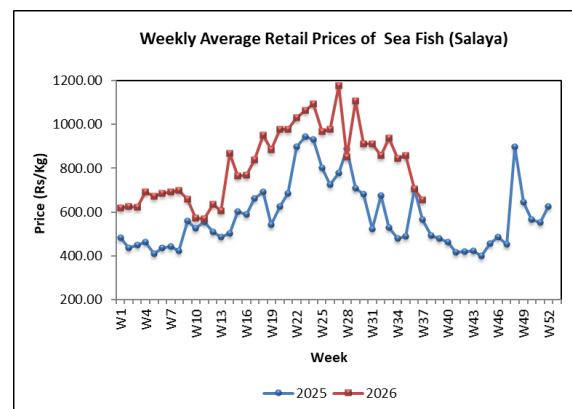
Wholesale

The prices of most fresh fish types have increased in the range of 3% to 49%. The highest price increase was noted for kelawalla as 49% and its price ranged between Rs.1600.00-1800.00/kg. The second highest price increase was noted for shrimps as 19% and its price ranged between Rs.2000.00-2300.00/kg. The highest price decrease was noted for thalapath as 19% and its price ranged between Rs.1800.00-2200.00/kg.

Compared to the same period of the last year, current wholesale prices of most of the fresh fish types have increased and the highest price increase of 58% was noted for shrimps.

Retail

Prices for many fish species have risen compared to the previous week. The highest price increase was recorded for paraw rising by Rs.194.00/kg. Prices for hurulla and kelawalla increased to Rs.141.00 and Rs.131.00/kg respectively. Price decreases were recorded for balaya, salaya, mora, and thora, with drops of Rs.810.00, Rs.50.00, Rs.45.00 and Rs.37.00/kg respectively.



Compared to the same period of the last year, retail prices for many fish species have risen by 13%-24%. The highest price increase was recorded for kelawalla, at 24%.

Dried Fish

Wholesale

Prices of some local and imported dried fish types have decreased in the range of 0.47%-32%. The highest price decrease of 32% was

noted for imported balaya and its price ranged between Rs.1000.00-1200.00/kg. The second highest price decrease of 30% was noted for imported maduwa and its price ranged between Rs.1100.00-1300.00/kg. Price of local kattawa has increased by 14% and its price ranged between Rs.2000.00-2700.00/kg.

Compared to the same period of the last year, current wholesale prices of most of the dried fish types have increased and the highest price increase of 70% was noted for local salaya.

Retail

The prices of many varieties of dried fish have declined. The most significant price drop was recorded for maduwa, which fell by Rs.330.00/kg. Prices for koduwa and balaya also decreased by Rs.111.00 and Rs.89.00/kg respectively. However, an increase of Rs.267.00/kg was recorded for thora.

Compared to the same period of the last year, the prices of most dried fish varieties have risen by a margin of 12% to 70%, with the sharpest price increase of 70% was recorded for local sprats.

Eggs

Wholesale

The prices of brown and white eggs have decreased in the range of 2%-3%. Price range of a brown egg was Rs.36.00-38.00 and the price range of a white egg was Rs.34.00-35.00.

Compared to the same period of the last year, current wholesale prices of brown and white eggs have increased by 25% and 28% respectively.

Retail

Egg prices have decreased compared to the last week. A price drop of Rs.1.00 was recorded for brown eggs, while the price of white eggs remained unchanged. The price range was Rs.35.00-40.00 for white eggs and Rs. 37.00-40.00 for brown eggs.

Compared to the same period of the last year, the price of brown eggs has increased by 24%, and the retail price of white eggs has risen by 29%.

Meat

Retail

Prices for all types of meat have risen, with the exception of pork. Meanwhile, the

maximum price drop of Rs.100.00/kg was recorded for mutton. Prices for curry chicken increased by Rs.106.00/kg and broiler chicken prices rose by Rs.28.00/kg. Beef prices also saw an increase of Rs. 20.00/kg.

Compared to the same period of the last year, the prices of all types of meat have increased except pork. The highest price increase was recorded for beef at 17%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets:Wholesale Price of Rice (Rs/kg)**Week 37: 11 - 17 Sep 2026**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	225.00	230.00	220.00	222.00	250.00	300.00	190.00	200.00	180.00	188.00	160.00	170.00	170.00	190.00
	Divulapitiya	257.00	272.00	215.00	230.00	250.00	300.00	225.00	226.00	175.00	200.00	164.00	177.00	165.00	180.00
	Kurunegala	-		-		-		-		-		-		-	
	Nikaweratiya	280.00	285.00	230.00	235.00	375.00	380.00	224.00	228.00	175.00	180.00	170.00	178.00	-	
	Badulla	-		235.00	240.00	340.00	350.00	220.00	225.00	-		170.00	175.00	175.00	185.00
	Puttalam	278.00	282.00	238.00	245.00	375.00	378.00	225.00	228.00	190.00	198.00	200.00	205.00	190.00	195.00
	Dambulla	265.00	270.00	228.00	230.00	-		224.00	225.00	190.00	195.00	190.00	195.00	190.00	195.00
	Anuradhapura	265.00	270.00	230.00	238.00	360.00	360.00	215.00	225.00	185.00	195.00	210.00	216.00	190.00	200.00
	Tambuttegama	280.00	285.00	230.00	238.00	375.00	375.00	228.00	230.00	186.00	190.00	210.00	218.00	177.00	182.00
	Polonnaruwa	-		-		-		218.00	220.00	-		190.00	190.50	200.00	200.00
	Kalutara	-		230.00	234.00	-		224.00	226.00	194.00	198.00	165.00	185.00	180.00	200.00
	Ampara	-		240.00	240.00	260.00	260.00	230.00	230.00	196.00	198.00	165.00	175.00	170.00	180.00
	Kandy	255.00	260.00	226.00	230.00	310.00	320.00	220.00	222.00	185.00	190.00	170.00	175.00	180.00	190.00
	Moneragala	-		220.00	230.00	350.00	355.00	-		210.00	215.00	160.00	165.00	170.00	175.00
	Kegalle	-		235.00	236.00	-		226.00	228.00	190.00	200.00	205.00	210.00	180.00	190.00
	Dehiattakandiya	250.00	280.00	235.00	235.00	255.00	370.00	220.00	223.00	190.00	200.00	165.00	210.00	160.00	185.00
	Hambantota	-		-		-		-		-		-		-	
	Matara	-		-		-		-		-		-		-	
	Galle	-		-		-		-		-		-		-	
	Meegoda	-		220.00	230.00	250.00	254.00	194.00	196.00	178.00	188.00	162.00	170.00	168.00	175.00
	Tissamaharama	-		-		-		229.00	229.00	-		160.00	163.00	185.00	186.00
	Embilipitiya	255.00	256.00	234.00	235.00	350.00	355.00	222.00	225.00	180.00	185.00	168.00	173.00	178.00	180.00
	Jaffna	-		-		-		-		-		-		-	
	Vavuniya	-		234.00	238.00	254.00	258.00	220.00	225.00	210.00	214.00	170.00	178.00	190.00	195.00
	Mannar	-		-		-		-		-		-		-	
	Killinochchi	-		-		-		-		-		-		-	
	Mullattivu	-		230.00	236.00	-		220.00	226.00	208.00	212.00	168.00	173.00	185.00	190.00
	Batticaloa	-		230.00	235.00	290.00	320.00	-		200.00	205.00	180.00	185.00	178.00	185.00
	Trincomalee	-		-		-		-		-		-		-	
	Galenbindunuwew	280.00	280.00	232.00	235.00	260.00	315.00	225.00	225.00	200.00	205.00	190.00	200.00	180.00	190.00
Matale	240.00	250.00	220.00	224.00	250.00	270.00	215.00	220.00	190.00	200.00	185.00	200.00	185.00	200.00	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 37: 11 - 17 Sep 2026

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LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	240.00	260.00	-		260.00	300.00	220.00	230.00	-		180.00	220.00	190.00	220.00
Gampaha	-		234.00	240.00	-		220.00	230.00	195.00	210.00	185.00	200.00	185.00	200.00
Kurunegala	-		-		-		-		-		-		-	
Nikaweratiya	285.00	290.00	235.00	240.00	380.00	385.00	228.00	235.00	180.00	185.00	-		175.00	180.00
Dambulla	265.00	270.00	235.00	240.00	360.00	370.00	227.00	230.00	200.00	205.00	200.00	210.00	200.00	210.00
Anuradhapura	275.00	280.00	240.00	240.00	375.00	375.00	230.00	230.00	200.00	210.00	220.00	220.00	210.00	220.00
Thambuththegama	290.00	300.00	245.00	255.00	385.00	400.00	230.00	235.00	195.00	210.00	215.00	220.00	190.00	205.00
Polonnaruwa	-		235.00	240.00	260.00	270.00	230.00	230.00	185.00	204.00	170.00	220.00	220.00	220.00
Kaluthara	260.00	270.00	238.00	240.00	280.00	380.00	230.00	230.00	200.00	205.00	170.00	190.00	180.00	220.00
Badulla	-		260.00	260.00	360.00	370.00	220.00	230.00	-		175.00	190.00	175.00	190.00
Keppetipola	-		240.00	245.00	355.00	360.00	226.00	230.00	205.00	210.00	176.00	180.00	195.00	198.00
Moneragala	-		230.00	240.00	360.00	365.00	220.00	220.00	-		170.00	180.00	180.00	190.00
Kegalle	-		240.00	240.00	-		220.00	230.00	210.00	215.00	215.00	220.00	215.00	220.00
Ampara	240.00	240.00	-		260.00	280.00	230.00	230.00	198.00	202.00	180.00	200.00	170.00	220.00
Dehiattakandiya	260.00	290.00	240.00	240.00	260.00	380.00	230.00	230.00	190.00	210.00	168.00	220.00	165.00	220.00
Nuwaraeliya	-		245.00	250.00	350.00	355.00	228.00	230.00	208.00	210.00	178.00	185.00	196.00	200.00
Kandy	270.00	275.00	240.00	245.00	350.00	360.00	225.00	230.00	210.00	215.00	190.00	210.00	200.00	220.00
Puttalam	290.00	300.00	250.00	260.00	380.00	390.00	230.00	230.00	200.00	215.00	220.00	230.00	200.00	215.00
Hambantota	-		-		-		-		-		-		-	
Rathnapura	295.00	300.00	-		380.00	390.00	230.00	235.00	196.00	205.00	172.00	176.00	185.00	188.00
Matara	-		-		-		-		-		-		-	
Galle	-		-		-		-		-		-		-	
Tissamaharama	-		-		-		230.00	230.00	-		165.00	170.00	190.00	195.00
Meegoda (DEC)	-		240.00	240.00	-		220.00	230.00	210.00	210.00	180.00	190.00	200.00	200.00
Embilipitiya	258.00	260.00	238.00	240.00	355.00	370.00	228.00	230.00	195.00	210.00	165.00	175.00	198.00	210.00
Jaffna	-		-		-		-		-		-		-	
Vavuniya	-		240.00	250.00	260.00	270.00	230.00	235.00	-		180.00	185.00	200.00	205.00
Mannar	-		-		-		-		-		-		-	
Killinochchi	-		-		-		-		-		-		-	
Mullaittivu	-		235.00	240.00	-		225.00	230.00	212.00	215.00	172.00	176.00	190.00	195.00
Batticaloa	-		245.00	255.00	320.00	340.00	220.00	220.00	210.00	215.00	190.00	196.00	190.00	195.00
Trincomalee	-		-		-		-		-		-		-	
Hanguranketha	-		235.00	240.00	-		222.00	230.00	215.00	220.00	185.00	190.00	190.00	215.00
Veyangoda	-		236.00	240.00	-		230.00	230.00	195.00	210.00	185.00	200.00	185.00	205.00
Galenbindunuwewa	285.00	285.00	240.00	240.00	260.00	380.00	230.00	230.00	200.00	210.00	220.00	220.00	195.00	200.00
Bandarawela	-		240.00	240.00	350.00	355.00	230.00	230.00	215.00	216.00	170.00	180.00	185.00	190.00
Matale	252.00	260.00	225.00	230.00	256.00	260.00	220.00	225.00	210.00	219.00	205.00	210.00	193.00	210.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/kg)

Week 37: 11 - 17 Sep 2026

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1000.00 - 1150.00	-	270.00 - 450.00	250.00 - 280.00	170.00 - 220.00	320.00 - 330.00	330.00 - 380.00	700.00 - 750.00	650.00 - 750.00	240.00 - 255.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	1040.00 - 1130.00	290.00 - 300.00	-	290.00 - 295.00	225.00 - 235.00	-	-	720.00 - 740.00	-	240.00 - 245.00
Dehiattakandiya	1100.00 - 1150.00	-	280.00 - 350.00	260.00 - 285.00	180.00 - 240.00	-	-	550.00 - 650.00	600.00 - 700.00	240.00 - 258.00
Dambulla (DEC)	1130.00 - 1140.00	-	330.00 - 350.00	245.00 - 270.00	-	270.00 - 290.00	320.00 - 340.00	500.00 - 600.00	450.00 - 500.00	240.00 - 245.00
Anuradhapura	1100.00 - 1150.00	-	350.00 - 360.00	285.00 - 300.00	185.00 - 195.00	-	-	800.00 - 850.00	700.00 - 750.00	243.00 - 250.00
Thambuththegama	1080.00 - 1150.00	230.00 - 280.00	-	235.00 - 280.00	170.00 - 190.00	-	-	650.00 - 675.00	580.00 - 750.00	253.00 - 260.00
Polonnaruwa	1080.00 - 1145.00	300.00 - 360.00	-	280.00 - 305.00	250.00 - 265.00	-	400.00 - 415.00	850.00 - 880.00	720.00 - 733.00	240.00 - 255.00
Kaluthara	1080.00 - 1150.00	-	400.00 - 430.00	265.00 - 270.00	210.00 - 230.00	-	-	750.00 - 790.00	680.00 - 750.00	245.00 - 255.00
Puttalam	1150.00 - 1180.00	340.00 - 350.00	260.00 - 400.00	270.00 - 280.00	195.00 - 210.00	-	-	760.00 - 780.00	840.00 - 860.00	-
Kandy	1150.00 - 1200.00	-	370.00 - 400.00	270.00 - 280.00	175.00 - 190.00	-	350.00 - 360.00	700.00 - 750.00	700.00 - 750.00	240.00 - 250.00
Matara	-	-	-	-	-	-	-	-	-	-
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	1120.00 - 1140.00	350.00 - 360.00	-	255.00 - 260.00	180.00 - 190.00	320.00 - 330.00	-	830.00 - 840.00	710.00 - 730.00	240.00 - 240.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	1100.00 - 1150.00	350.00 - 365.00	-	260.00 - 270.00	210.00 - 220.00	-	340.00 - 350.00	700.00 - 750.00	-	245.00 - 250.00
Meegoda (DEC)	1090.00 - 1160.00	-	350.00 - 370.00	240.00 - 255.00	175.00 - 220.00	300.00 - 320.00	350.00 - 360.00	720.00 - 800.00	680.00 - 750.00	240.00 - 250.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	1220.00 - 1250.00	-	-	240.00 - 260.00	210.00 - 220.00	-	-	635.00 - 650.00	-	245.00 - 250.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullattivu	1140.00 - 1180.00	-	380.00 - 410.00	280.00 - 310.00	190.00 - 220.00	-	-	730.00 - 760.00	-	250.00 - 255.00
Batticaloa	1100.00 - 1200.00	-	250.00 - 265.00	250.00 - 280.00	220.00 - 230.00	-	350.00 - 360.00	740.00 - 780.00	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	1070.00 - 1150.00	320.00 - 340.00	325.00 - 340.00	270.00 - 285.00	195.00 - 205.00	-	-	700.00 - 725.00	720.00 - 750.00	238.00 - 242.00
Matale	1080.00 - 1120.00	-	330.00 - 350.00	260.00 - 280.00	200.00 - 230.00	-	350.00 - 370.00	680.00 - 750.00	680.00 - 800.00	245.00 - 255.00

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 37: 11 - 17 Sep 2026

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1200.00 - 1500.00	-	420.00 - 600.00	280.00 - 360.00	200.00 - 260.00	-	400.00 - 480.00	850.00 - 1200.00	800.00 - 1200.00	260.00 - 320.00
Gampaha	1240.00 - 1300.00	460.00 - 500.00	400.00 - 460.00	290.00 - 320.00	240.00 - 300.00	-	440.00 - 480.00	850.00 - 980.00	880.00 - 1060.00	265.00 - 280.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	1150.00 - 1220.00	300.00 - 350.00	-	300.00 - 340.00	230.00 - 245.00	-	-	780.00 - 850.00	-	250.00 - 270.00
Dambulla	1200.00 - 1250.00	-	400.00 - 440.00	280.00 - 320.00	200.00 - 220.00	-	440.00 - 450.00	800.00 - 850.00	750.00 - 780.00	260.00 - 280.00
Anuradhapura	1200.00 - 1250.00	-	400.00 - 480.00	295.00 - 300.00	240.00 - 260.00	380.00 - 380.00	480.00 - 500.00	900.00 - 950.00	800.00 - 860.00	270.00 - 280.00
Thambuththegama	1250.00 - 1400.00	300.00 - 380.00	-	260.00 - 280.00	200.00 - 250.00	-	-	800.00 - 900.00	750.00 - 950.00	270.00 - 280.00
Polonnaruwa	1150.00 - 1250.00	350.00 - 400.00	-	295.00 - 320.00	260.00 - 280.00	-	400.00 - 480.00	890.00 - 940.00	780.00 - 820.00	245.00 - 260.00
Kaluthara	1180.00 - 1250.00	-	440.00 - 500.00	300.00 - 320.00	240.00 - 300.00	-	400.00 - 480.00	780.00 - 850.00	740.00 - 800.00	248.00 - 260.00
Badulla	1300.00 - 1400.00	400.00 - 480.00	-	300.00 - 325.00	240.00 - 280.00	400.00 - 480.00	-	800.00 - 900.00	650.00 - 750.00	280.00 - 320.00
Keppetipola	1200.00 - 1300.00	-	460.00 - 500.00	290.00 - 300.00	220.00 - 230.00	330.00 - 350.00	-	860.00 - 880.00	840.00 - 860.00	265.00 - 275.00
Moneragala	1200.00 - 1300.00	-	360.00 - 400.00	300.00 - 340.00	240.00 - 280.00	360.00 - 400.00	-	800.00 - 860.00	600.00 - 700.00	260.00 - 280.00
Kegalle	1200.00 - 1260.00	400.00 - 440.00	-	300.00 - 320.00	240.00 - 260.00	400.00 - 420.00	-	860.00 - 900.00	780.00 - 820.00	280.00 - 300.00
Ampara	1200.00 - 1250.00	400.00 - 420.00	-	-	230.00 - 260.00	380.00 - 400.00	-	850.00 - 870.00	800.00 - 880.00	250.00 - 255.00
Dehiattakandiya	1150.00 - 1300.00	-	380.00 - 400.00	260.00 - 310.00	200.00 - 260.00	-	-	650.00 - 750.00	700.00 - 800.00	245.00 - 260.00
Nuwaraeliya	1250.00 - 1320.00	380.00 - 400.00	500.00 - 520.00	320.00 - 340.00	240.00 - 250.00	-	380.00 - 400.00	875.00 - 900.00	840.00 - 860.00	265.00 - 275.00
Kandy	1300.00 - 1350.00	-	500.00 - 560.00	320.00 - 340.00	240.00 - 260.00	-	420.00 - 440.00	840.00 - 900.00	840.00 - 1000.00	270.00 - 290.00
Puttalam	1250.00 - 1300.00	480.00 - 520.00	480.00 - 600.00	320.00 - 350.00	240.00 - 300.00	-	460.00 - 480.00	800.00 - 880.00	940.00 - 980.00	250.00 - 270.00
Rathnapura	1200.00 - 1300.00	-	480.00 - 520.00	310.00 - 350.00	260.00 - 280.00	380.00 - 400.00	440.00 - 450.00	780.00 - 840.00	760.00 - 770.00	260.00 - 280.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	1200.00 - 1250.00	380.00 - 400.00	-	290.00 - 300.00	250.00 - 260.00	370.00 - 380.00	-	800.00 - 850.00	-	260.00 - 270.00
Meegoda (DEC)	1200.00 - 1300.00	-	440.00 - 480.00	280.00 - 300.00	230.00 - 260.00	380.00 - 400.00	440.00 - 440.00	880.00 - 960.00	880.00 - 960.00	260.00 - 300.00
Embilipitiya	1190.00 - 1250.00	-	400.00 - 450.00	280.00 - 300.00	220.00 - 260.00	360.00 - 400.00	-	760.00 - 810.00	640.00 - 800.00	270.00 - 320.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	1300.00 - 1340.00	320.00 - 350.00	-	300.00 - 340.00	240.00 - 250.00	-	-	800.00 - 830.00	-	260.00 - 270.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	1150.00 - 1200.00	-	390.00 - 420.00	-	200.00 - 230.00	-	-	750.00 - 780.00	-	255.00 - 260.00
Batticaloa	1300.00 - 1350.00	-	340.00 - 380.00	320.00 - 350.00	240.00 - 280.00	-	420.00 - 445.00	850.00 - 880.00	-	250.00 - 265.00
Trincomalee	-	-	-	-	-	-	-	-	-	-
Hanguranketha	1200.00 - 1200.00	-	-	210.00 - 320.00	230.00 - 240.00	-	-	790.00 - 810.00	780.00 - 780.00	250.00 - 255.00
Veyangoda	1200.00 - 1300.00	-	440.00 - 460.00	280.00 - 320.00	240.00 - 260.00	-	400.00 - 440.00	920.00 - 1000.00	880.00 - 960.00	260.00 - 270.00
Galenbindunuwewa	1160.00 - 1220.00	380.00 - 380.00	380.00 - 400.00	300.00 - 320.00	220.00 - 230.00	-	-	780.00 - 820.00	800.00 - 820.00	250.00 - 255.00
Bandarawela	1200.00 - 1250.00	-	400.00 - 440.00	300.00 - 320.00	200.00 - 230.00	320.00 - 340.00	-	800.00 - 850.00	750.00 - 850.00	260.00 - 270.00
Matale	1150.00 - 1230.00	-	360.00 - 400.00	300.00 - 320.00	250.00 - 280.00	-	400.00 - 440.00	780.00 - 850.00	780.00 - 880.00	258.00 - 265.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 37: 11 - 17 Sep 2026

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	400.00 - 500.00	160.00 - 200.00	100.00 - 160.00	250.00 - 300.00	120.00 - 160.00
Meegoda (DEC)	-	380.00 - 490.00	190.00 - 240.00	150.00 - 200.00	-	140.00 - 180.00
Dambulla (DEC)	-	300.00 - 450.00	160.00 - 180.00	140.00 - 180.00	250.00 - 280.00	120.00 - 150.00
Keppetipola (DEC)	-	350.00 - 400.00	120.00 - 180.00	120.00 - 150.00	170.00 - 200.00	110.00 - 140.00
Norochchole (DEC)	-	-	-	-	-	-
Nuwara Eliya	-	360.00 - 430.00	200.00 - 210.00	150.00 - 170.00	170.00 - 190.00	130.00 - 140.00
Kandy	-	350.00 - 420.00	180.00 - 220.00	150.00 - 200.00	270.00 - 320.00	140.00 - 170.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	380.00 - 450.00	200.00 - 230.00	150.00 - 200.00	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	380.00 - 420.00	140.00 - 190.00	130.00 - 150.00	180.00 - 200.00	120.00 - 130.00
Veyangoda	-	400.00 - 480.00	200.00 - 230.00	170.00 - 200.00	-	130.00 - 200.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	70.00 - 100.00	220.00 - 260.00	300.00 - 400.00	120.00 - 180.00	250.00 - 350.00	250.00 - 400.00
Meegoda (DEC)	100.00 - 120.00	220.00 - 280.00	330.00 - 380.00	130.00 - 160.00	320.00 - 400.00	350.00 - 400.00
Moneragala	150.00 - 160.00	230.00 - 250.00	300.00 - 350.00	150.00 - 200.00	280.00 - 330.00	450.00 - 550.00
Dambulla (DEC)	50.00 - 90.00	180.00 - 220.00	280.00 - 330.00	100.00 - 140.00	250.00 - 350.00	280.00 - 380.00
Keppetipola (DEC)	50.00 - 70.00	160.00 - 200.00	350.00 - 400.00	-	260.00 - 320.00	550.00 - 700.00
Norochchole (DEC)	40.00 - 60.00	-	300.00 - 360.00	90.00 - 120.00	160.00 - 260.00	250.00 - 350.00
Nuwara Eliya	60.00 - 80.00	210.00 - 230.00	360.00 - 400.00	-	-	650.00 - 720.00
Kandy	80.00 - 100.00	200.00 - 250.00	330.00 - 380.00	110.00 - 140.00	250.00 - 320.00	350.00 - 430.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	70.00 - 90.00	200.00 - 250.00	250.00 - 320.00	100.00 - 130.00	260.00 - 350.00	300.00 - 350.00
Tissamaharama	100.00 - 120.00	240.00 - 260.00	350.00 - 380.00	130.00 - 150.00	320.00 - 340.00	350.00 - 370.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	150.00 - 210.00	350.00 - 380.00	130.00 - 150.00	300.00 - 350.00	440.00 - 470.00
Veyangoda	90.00 - 120.00	230.00 - 270.00	350.00 - 400.00	130.00 - 180.00	350.00 - 400.00	330.00 - 400.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	130.00 - 160.00	60.00 - 100.00	280.00 - 350.00	150.00 - 220.00	60.00 - 150.00	130.00 - 220.00
Meegoda (DEC)	110.00 - 170.00	80.00 - 110.00	280.00 - 350.00	160.00 - 200.00	-	170.00 - 220.00
Moneragala	160.00 - 170.00	100.00 - 120.00	350.00 - 360.00	250.00 - 350.00	130.00 - 150.00	250.00 - 300.00
Dambulla (DEC)	100.00 - 130.00	60.00 - 90.00	220.00 - 350.00	120.00 - 200.00	70.00 - 120.00	120.00 - 180.00
Keppetipola (DEC)	130.00 - 170.00	80.00 - 110.00	-	-	120.00 - 150.00	-
Norochchole (DEC)	120.00 - 130.00	40.00 - 70.00	250.00 - 330.00	80.00 - 100.00	70.00 - 120.00	100.00 - 140.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	120.00 - 150.00	80.00 - 100.00	300.00 - 330.00	200.00 - 220.00	90.00 - 150.00	180.00 - 220.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	110.00 - 160.00	50.00 - 70.00	250.00 - 320.00	140.00 - 180.00	50.00 - 90.00	100.00 - 160.00
Tissamaharama	140.00 - 150.00	80.00 - 100.00	330.00 - 350.00	180.00 - 200.00	-	180.00 - 200.00
Jaffna	-	-	-	-	-	-
Bandarawela	130.00 - 160.00	90.00 - 100.00	300.00 - 330.00	160.00 - 170.00	100.00 - 140.00	180.00 - 200.00
Veyangoda	120.00 - 180.00	80.00 - 100.00	300.00 - 360.00	180.00 - 220.00	130.00 - 160.00	180.00 - 230.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 250.00	130.00 - 150.00	250.00 - 350.00	500.00 - 850.00	100.00 - 150.00	80.00 - 130.00
Meegoda (DEC)	170.00 - 240.00	150.00 - 180.00	330.00 - 380.00	750.00 - 1050.00	100.00 - 120.00	100.00 - 110.00
Moneragala	180.00 - 200.00	60.00 - 80.00	450.00 - 500.00	750.00 - 780.00	150.00 - 180.00	100.00 - 120.00
Dambulla (DEC)	160.00 - 250.00	100.00 - 130.00	300.00 - 350.00	650.00 - 850.00	80.00 - 110.00	100.00 - 120.00
Keppetipola (DEC)	-	-	380.00 - 420.00	-	120.00 - 150.00	100.00 - 140.00
Norochhole (DEC)	120.00 - 140.00	80.00 - 120.00	300.00 - 350.00	-	-	100.00 - 130.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	180.00 - 220.00	120.00 - 150.00	350.00 - 380.00	650.00 - 850.00	120.00 - 140.00	100.00 - 120.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	130.00 - 250.00	80.00 - 120.00	250.00 - 350.00	600.00 - 700.00	100.00 - 130.00	80.00 - 120.00
Tissamaharama	120.00 - 130.00	100.00 - 120.00	340.00 - 370.00	700.00 - 750.00	130.00 - 150.00	100.00 - 130.00
Jaffna	-	-	-	-	-	-
Bandarawela	200.00 - 230.00	140.00 - 160.00	370.00 - 430.00	600.00 - 700.00	140.00 - 150.00	140.00 - 145.00
Veyangoda	170.00 - 210.00	140.00 - 170.00	350.00 - 400.00	750.00 - 1000.00	120.00 - 140.00	120.00 - 140.00

Locations	Leafy Vegetables (Rs/kg)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	100.00 - 130.00	100.00 - 130.00	250.00 - 280.00	160.00 - 170.00	140.00 - 150.00
Meegoda (DEC)	-	-	-	150.00 - 155.00	130.00 - 135.00
Norochhole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	150.00 - 175.00	150.00 - 175.00	150.00 - 175.00	120.00 - 125.00	100.00 - 110.00
Kandy	200.00 - 240.00	200.00 - 240.00	280.00 - 320.00	130.00 - 150.00	90.00 - 100.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	170.00 - 170.00	170.00 - 170.00	170.00 - 170.00	110.00 - 120.00	90.00 - 100.00
Tissamaharama	120.00 - 140.00	120.00 - 140.00	250.00 - 275.00	-	-
Jaffna	-	-	-	-	-
Bandarawela	150.00 - 180.00	150.00 - 180.00	280.00 - 320.00	-	-
Veyangoda	-	-	-	-	-

Colombo, Meegoda, Norochhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 37: 11 - 17 Sep 2026

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-		450.00 - 700.00		240.00 - 480.00		240.00 - 400.00		300.00 - 500.00		250.00 - 400.00		150.00 - 400.00		280.00 - 480.00		400.00 - 600.00
Gampaha	-		520.00 - 560.00		280.00 - 340.00		280.00 - 340.00		460.00 - 480.00		300.00 - 340.00		180.00 - 220.00		400.00 - 440.00		560.00 - 600.00
Kurunegala	-		-		-		-		-		-		-		-		-
Nikaweratiya	-		520.00 - 580.00		400.00 - 480.00		400.00 - 480.00		440.00 - 480.00		240.00 - 320.00		200.00 - 260.00		400.00 - 460.00		440.00 - 500.00
Dambulla	-		600.00 - 640.00		320.00 - 360.00		300.00 - 340.00		380.00 - 420.00		280.00 - 300.00		160.00 - 180.00		320.00 - 340.00		440.00 - 480.00
Anuradhapura	-		680.00 - 720.00		400.00 - 400.00		400.00 - 400.00		-		240.00 - 280.00		200.00 - 240.00		400.00 - 460.00		580.00 - 600.00
Thambuththegama	-		550.00 - 650.00		300.00 - 400.00		250.00 - 320.00		-		300.00 - 350.00		150.00 - 160.00		350.00 - 400.00		440.00 - 500.00
Polonnaruwa	-		580.00 - 640.00		400.00 - 480.00		440.00 - 480.00		480.00 - 520.00		220.00 - 280.00		180.00 - 240.00		360.00 - 400.00		500.00 - 560.00
Kaluthara	-		600.00 - 640.00		300.00 - 400.00		280.00 - 320.00		360.00 - 480.00		280.00 - 320.00		160.00 - 240.00		360.00 - 400.00		400.00 - 520.00
Badulla	-		520.00 - 600.00		320.00 - 480.00		240.00 - 320.00		320.00 - 480.00		240.00 - 320.00		240.00 - 320.00		240.00 - 320.00		400.00 - 480.00
Keppetipola	-		420.00 - 450.00		240.00 - 260.00		180.00 - 200.00		240.00 - 260.00		180.00 - 200.00		120.00 - 130.00		250.00 - 260.00		450.00 - 460.00
Moneragala	-		480.00 - 520.00		320.00 - 360.00		320.00 - 360.00		400.00 - 440.00		-		200.00 - 240.00		300.00 - 360.00		400.00 - 480.00
Kegalle	-		520.00 - 540.00		440.00 - 480.00		360.00 - 400.00		360.00 - 400.00		280.00 - 320.00		240.00 - 280.00		320.00 - 360.00		480.00 - 520.00
Ampara	-		470.00 - 500.00		320.00 - 350.00		300.00 - 350.00		380.00 - 400.00		280.00 - 330.00		240.00 - 250.00		380.00 - 400.00		400.00 - 500.00
Dehiattakandiya	-		680.00 - 720.00		400.00 - 480.00		400.00 - 480.00		-		240.00 - 300.00		200.00 - 320.00		360.00 - 400.00		480.00 - 520.00
Nuwaraeliya	-		450.00 - 480.00		300.00 - 320.00		240.00 - 250.00		260.00 - 300.00		200.00 - 230.00		140.00 - 160.00		300.00 - 320.00		460.00 - 500.00
Kandy	-		520.00 - 600.00		360.00 - 400.00		260.00 - 300.00		400.00 - 420.00		240.00 - 260.00		180.00 - 200.00		450.00 - 480.00		520.00 - 550.00
Puttalam	-		520.00 - 600.00		400.00 - 450.00		400.00 - 440.00		560.00 - 600.00		300.00 - 320.00		250.00 - 280.00		440.00 - 480.00		520.00 - 600.00
Hambantota	-		-		-		-		-		-		-		-		-
Rathnapura	-		480.00 - 550.00		300.00 - 360.00		280.00 - 350.00		-		240.00 - 280.00		180.00 - 220.00		320.00 - 360.00		460.00 - 550.00
Matara	-		-		-		-		-		-		-		-		-
Galle	-		-		-		-		-		-		-		-		-
Tissamaharama	-		500.00 - 520.00		280.00 - 300.00		250.00 - 270.00		350.00 - 370.00		220.00 - 240.00		170.00 - 200.00		300.00 - 320.00		420.00 - 440.00
Meegoda (DEC)	-		560.00 - 640.00		360.00 - 400.00		320.00 - 360.00		-		280.00 - 320.00		240.00 - 280.00		400.00 - 480.00		480.00 - 560.00
Embilipitiya	-		680.00 - 720.00		300.00 - 320.00		280.00 - 320.00		400.00 - 440.00		280.00 - 320.00		240.00 - 300.00		350.00 - 400.00		480.00 - 520.00
Jaffna	-		-		-		-		-		-		-		-		-
Vavuniya	-		600.00 - 650.00		400.00 - 450.00		400.00 - 450.00		500.00 - 550.00		250.00 - 270.00		200.00 - 250.00		400.00 - 450.00		500.00 - 550.00
Mannar	-		-		-		-		-		-		-		-		-
Killinochchi	-		-		-		-		-		-		-		-		-
Mullaittivu	-		650.00 - 700.00		380.00 - 420.00		340.00 - 360.00		340.00 - 400.00		-		220.00 - 250.00		350.00 - 400.00		400.00 - 440.00
Batticaloa	-		540.00 - 620.00		340.00 - 380.00		280.00 - 320.00		380.00 - 400.00		220.00 - 240.00		200.00 - 200.00		280.00 - 330.00		550.00 - 600.00
Trincomalee	-								-				-				
Hanguranketha	-		440.00 - 460.00		240.00 - 250.00		220.00 - 230.00		-		165.00 - 170.00		100.00 - 110.00		230.00 - 250.00		450.00 - 480.00
Veyangoda	-		480.00 - 560.00		320.00 - 360.00		280.00 - 360.00		-		280.00 - 360.00		240.00 - 260.00		320.00 - 400.00		480.00 - 520.00
Galenbindunuwewa	-		700.00 - 720.00		460.00 - 480.00		400.00 - 420.00		460.00 - 480.00		200.00 - 240.00		230.00 - 240.00		350.00 - 360.00		480.00 - 480.00
Bandarawela	-		440.00 - 480.00		240.00 - 280.00		200.00 - 220.00		280.00 - 320.00		180.00 - 220.00		120.00 - 140.00		260.00 - 280.00		400.00 - 440.00
Matale	-		700.00 - 720.00		360.00 - 440.00		280.00 - 360.00		360.00 - 480.00		240.00 - 260.00		200.00 - 240.00		360.00 - 480.00		480.00 - 560.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	180.00 - 400.00	400.00 - 600.00	400.00 - 800.00	180.00 - 320.00	140.00 - 280.00	380.00 - 600.00	250.00 - 480.00	160.00 - 480.00	250.00 - 480.00	250.00 - 500.00		
Gampaha	260.00 - 300.00	480.00 - 520.00	560.00 - 600.00	240.00 - 280.00	160.00 - 200.00	480.00 - 540.00	320.00 - 360.00	250.00 - 300.00	370.00 - 420.00	380.00 - 440.00		
Kurunegala	-	-	-	-	-	-	-	-	-	-		
Nikaweratiya	240.00 - 280.00	400.00 - 460.00	480.00 - 540.00	200.00 - 250.00	160.00 - 200.00	400.00 - 520.00	320.00 - 360.00	240.00 - 260.00	300.00 - 350.00	260.00 - 320.00		
Dambulla	220.00 - 260.00	400.00 - 460.00	540.00 - 600.00	200.00 - 240.00	180.00 - 200.00	440.00 - 480.00	360.00 - 400.00	180.00 - 220.00	320.00 - 360.00	280.00 - 340.00		
Anuradhapura	260.00 - 300.00	400.00 - 400.00	480.00 - 520.00	260.00 - 300.00	160.00 - 200.00	520.00 - 600.00	320.00 - 340.00	360.00 - 380.00	320.00 - 340.00	360.00 - 400.00		
Thambuththegama	180.00 - 240.00	440.00 - 500.00	450.00 - 550.00	200.00 - 250.00	120.00 - 180.00	400.00 - 550.00	280.00 - 350.00	150.00 - 200.00	250.00 - 320.00	350.00 - 400.00		
Polonnaruwa	300.00 - 350.00	400.00 - 460.00	520.00 - 600.00	200.00 - 240.00	160.00 - 240.00	440.00 - 480.00	200.00 - 280.00	200.00 - 240.00	320.00 - 360.00	300.00 - 360.00		
Kaluthara	240.00 - 300.00	480.00 - 520.00	600.00 - 700.00	200.00 - 260.00	160.00 - 200.00	400.00 - 480.00	300.00 - 380.00	240.00 - 320.00	300.00 - 360.00	300.00 - 360.00		
Badulla	240.00 - 320.00	400.00 - 480.00	400.00 - 480.00	240.00 - 320.00	240.00 - 320.00	520.00 - 600.00	400.00 - 480.00	240.00 - 320.00	400.00 - 480.00	320.00 - 400.00		
Keppetipola	200.00 - 220.00	340.00 - 350.00	740.00 - 760.00	230.00 - 240.00	180.00 - 200.00	400.00 - 420.00	260.00 - 270.00	200.00 - 220.00	260.00 - 280.00	300.00 - 320.00		
Moneragala	240.00 - 300.00	360.00 - 400.00	520.00 - 600.00	240.00 - 260.00	160.00 - 200.00	440.00 - 480.00	320.00 - 360.00	200.00 - 240.00	320.00 - 360.00	300.00 - 320.00		
Kegalle	280.00 - 320.00	440.00 - 480.00	480.00 - 520.00	240.00 - 280.00	200.00 - 240.00	440.00 - 480.00	320.00 - 360.00	200.00 - 230.00	320.00 - 360.00	320.00 - 360.00		
Ampara	280.00 - 320.00	360.00 - 400.00	540.00 - 580.00	240.00 - 260.00	180.00 - 240.00	400.00 - 480.00	300.00 - 360.00	280.00 - 340.00	300.00 - 360.00	340.00 - 350.00		
Dehiattakandiya	280.00 - 320.00	400.00 - 480.00	600.00 - 640.00	220.00 - 240.00	200.00 - 240.00	520.00 - 560.00	320.00 - 400.00	200.00 - 220.00	320.00 - 400.00	300.00 - 360.00		
Nuwaraeliya	220.00 - 240.00	380.00 - 420.00	780.00 - 800.00	240.00 - 260.00	200.00 - 220.00	440.00 - 460.00	280.00 - 300.00	260.00 - 280.00	300.00 - 320.00	320.00 - 340.00		
Kandy	240.00 - 260.00	400.00 - 450.00	600.00 - 650.00	200.00 - 240.00	160.00 - 180.00	520.00 - 550.00	300.00 - 320.00	200.00 - 240.00	320.00 - 360.00	300.00 - 320.00		
Puttalam	240.00 - 320.00	480.00 - 550.00	600.00 - 650.00	280.00 - 320.00	280.00 - 320.00	560.00 - 600.00	320.00 - 400.00	320.00 - 360.00	360.00 - 400.00	400.00 - 440.00		
Rathnapura	220.00 - 280.00	400.00 - 480.00	480.00 - 560.00	200.00 - 240.00	160.00 - 210.00	440.00 - 480.00	300.00 - 360.00	300.00 - 360.00	340.00 - 380.00	320.00 - 360.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	-	-	-	-	-	-	-	-	-	-		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	200.00 - 220.00	380.00 - 400.00	400.00 - 420.00	200.00 - 220.00	160.00 - 170.00	400.00 - 420.00	250.00 - 270.00	-	260.00 - 270.00	180.00 - 200.00		
Meegoda (DEC)	280.00 - 320.00	520.00 - 560.00	520.00 - 600.00	240.00 - 280.00	200.00 - 240.00	480.00 - 520.00	320.00 - 400.00	-	360.00 - 440.00	360.00 - 440.00		
Embilipitiya	200.00 - 240.00	480.00 - 520.00	450.00 - 500.00	260.00 - 300.00	160.00 - 200.00	400.00 - 450.00	280.00 - 320.00	140.00 - 180.00	320.00 - 400.00	280.00 - 320.00		
Jaffna	-	-	-	-	-	-	-	-	-	-		
Vavuniya	200.00 - 250.00	240.00 - 250.00	300.00 - 340.00	200.00 - 250.00	120.00 - 140.00	400.00 - 500.00	300.00 - 350.00	200.00 - 250.00	200.00 - 240.00	300.00 - 340.00		
Mannar	-	-	-	-	-	-	-	-	-	-		
Killinochchi	-	-	-	-	-	-	-	-	-	-		
Mullaittivu	200.00 - 250.00	220.00 - 240.00	600.00 - 650.00	-	180.00 - 220.00	500.00 - 550.00	280.00 - 320.00	190.00 - 220.00	-	240.00 - 250.00		
Batticaloa	230.00 - 250.00	300.00 - 340.00	580.00 - 620.00	220.00 - 240.00	-	450.00 - 480.00	320.00 - 350.00	360.00 - 380.00	320.00 - 340.00	300.00 - 400.00		
Trincomalee	-	-	-	-	-	-	-	-	-	-		
Hanguranketha	160.00 180.00	330.00 350.00	440.00 450.00	190.00 210.00	150.00 160.00	360.00 - 390.00	280.00 300.00	160.00 180.00	260.00 280.00	240.00 260.00		
Veyangoda	260.00 - 320.00	480.00 - 520.00	480.00 - 560.00	240.00 - 280.00	160.00 - 200.00	440.00 - 480.00	320.00 - 360.00	240.00 - 280.00	360.00 - 400.00	280.00 - 360.00		
Galenbindunuwewa	200.00 - 220.00	400.00 - 440.00	600.00 - 600.00	220.00 - 240.00	150.00 - 160.00	470.00 - 480.00	300.00 - 320.00	200.00 - 240.00	300.00 - 320.00	280.00 - 300.00		
Bandarawela	180.00 - 220.00	340.00 - 380.00	500.00 - 580.00	180.00 - 200.00	140.00 - 160.00	400.00 - 420.00	200.00 - 240.00	200.00 - 260.00	260.00 - 280.00	260.00 - 300.00		
Matale	240.00 - 280.00	480.00 - 560.00	480.00 - 560.00	200.00 - 280.00	200.00 - 240.00	480.00 - 560.00	300.00 - 360.00	200.00 - 240.00	360.00 - 440.00	300.00 - 360.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	180.00 - 360.00	400.00 - 800.00	900.00 - 1500.00	200.00 - 360.00	150.00 - 240.00	150.00 - 250.00	150.00 - 250.00	300.00 - 450.00	170.00 - 200.00	150.00 - 160.00
Gampaha	240.00 - 260.00	600.00 - 700.00	1100.00 - 1200.00	240.00 - 280.00	200.00 - 220.00	150.00 - 210.00	150.00 - 210.00	150.00 - 210.00	150.00 - 170.00	120.00 - 135.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	220.00 - 260.00	600.00 - 700.00	600.00 - 700.00	240.00 - 270.00	160.00 - 200.00	360.00 - 420.00	360.00 - 420.00	240.00 - 320.00	140.00 - 150.00	120.00 - 130.00
Dambulla	240.00 - 260.00	500.00 - 600.00	1100.00 - 1200.00	220.00 - 260.00	180.00 - 200.00	350.00 - 400.00	350.00 - 400.00	300.00 - 350.00	140.00 - 150.00	110.00 - 120.00
Anuradhapura	240.00 - 250.00	800.00 - 850.00	1000.00 - 1200.00	280.00 - 320.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	160.00 - 170.00	150.00 - 150.00
Thambuththegama	160.00 - 250.00	450.00 - 550.00	750.00 - 900.00	200.00 - 250.00	160.00 - 220.00	-	-	-	-	120.00 - 130.00
Polonnaruwa	120.00 - 200.00	800.00 - 850.00	1200.00 - 1800.00	220.00 - 260.00	250.00 - 300.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	160.00 - 180.00	120.00 - 140.00
Kaluthara	200.00 - 280.00	600.00 - 800.00	1000.00 - 1200.00	240.00 - 300.00	180.00 - 200.00	210.00 - 240.00	240.00 - 300.00	300.00 - 360.00	170.00 - 180.00	120.00 - 130.00
Badulla	240.00 - 280.00	-	900.00 - 1000.00	240.00 - 320.00	240.00 - 320.00	-	-	320.00 - 360.00	150.00 - 170.00	100.00 - 130.00
Keppetipola	220.00 - 230.00	480.00 - 540.00	800.00 - 850.00	240.00 - 250.00	200.00 - 220.00	180.00 - 225.00	180.00 - 225.00	240.00 - 270.00	150.00 - 155.00	120.00 - 130.00
Moneragala	120.00 - 160.00	600.00 - 700.00	800.00 - 900.00	240.00 - 260.00	120.00 - 140.00	150.00 - 180.00	150.00 - 180.00	300.00 - 320.00	130.00 - 150.00	100.00 - 120.00
Kegalle	240.00 - 280.00	520.00 - 550.00	1050.00 - 1100.00	240.00 - 260.00	200.00 - 220.00	240.00 - 240.00	240.00 - 240.00	250.00 - 250.00	180.00 - 190.00	140.00 - 150.00
Ampara	260.00 - 280.00	580.00 - 650.00	500.00 - 650.00	280.00 - 320.00	-	240.00 - 280.00	240.00 - 280.00	300.00 - 350.00	150.00 - 160.00	120.00 - 130.00
Dehiattakandiya	240.00 - 250.00	600.00 - 800.00	1000.00 - 1200.00	240.00 - 300.00	200.00 - 250.00	150.00 - 180.00	-	480.00 - 520.00	140.00 - 150.00	110.00 - 120.00
Nuwaraeliya	240.00 - 260.00	550.00 - 600.00	960.00 - 1000.00	280.00 - 320.00	240.00 - 260.00	300.00 - 340.00	300.00 - 330.00	280.00 - 320.00	150.00 - 160.00	125.00 - 140.00
Kandy	200.00 - 240.00	500.00 - 600.00	1100.00 - 1200.00	240.00 - 260.00	240.00 - 250.00	240.00 - 280.00	240.00 - 280.00	450.00 - 480.00	150.00 - 170.00	120.00 - 130.00
Puttalam	180.00 - 240.00	560.00 - 700.00	-	300.00 - 360.00	240.00 - 260.00	280.00 - 320.00	-	320.00 - 360.00	160.00 - 170.00	130.00 - 140.00
Rathnapura	200.00 - 250.00	700.00 - 800.00	1000.00 - 1200.00	200.00 - 240.00	120.00 - 160.00	240.00 - 240.00	240.00 - 240.00	300.00 - 380.00	150.00 - 180.00	110.00 - 140.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	170.00 - 180.00	420.00 - 450.00	800.00 - 840.00	200.00 - 220.00	160.00 - 180.00	160.00 - 180.00	160.00 - 180.00	350.00 - 400.00	150.00 - 170.00	120.00 - 130.00
Meegoda (DEC)	280.00 - 320.00	650.00 - 800.00	1200.00 - 1400.00	280.00 - 300.00	200.00 - 240.00	200.00 - 200.00	200.00 - 200.00	240.00 - 240.00	160.00 - 170.00	140.00 - 150.00
Embilipitiya	140.00 - 180.00	520.00 - 600.00	550.00 - 600.00	200.00 - 240.00	170.00 - 200.00	350.00 - 400.00	300.00 - 350.00	-	160.00 - 190.00	120.00 - 150.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	200.00 - 250.00	500.00 - 550.00	800.00 - 850.00	200.00 - 250.00	240.00 - 260.00	250.00 - 300.00	250.00 - 300.00	300.00 - 350.00	150.00 - 170.00	-
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	150.00 - 180.00	450.00 - 500.00	650.00 - 700.00	250.00 - 300.00	180.00 - 200.00	280.00 - 280.00	240.00 - 240.00	200.00 - 200.00	150.00 - 160.00	-
Batticaloa	240.00 - 250.00	800.00 - 860.00	1000.00 - 1200.00	240.00 - 260.00	200.00 - 230.00	-	310.00 - 320.00	300.00 - 310.00	150.00 - 165.00	-
Trincomalee										
Hanguranketha	220.00 - 230.00	640.00 - 680.00	950.00 - 980.00	180.00 - 200.00	-	250.00 - 250.00	-	250.00 - 300.00	140.00 - 145.00	-
Veyangoda	240.00 - 260.00	500.00 - 600.00	1200.00 - 1400.00	240.00 - 260.00	200.00 - 240.00	150.00 - 180.00	150.00 - 180.00	280.00 - 300.00	160.00 - 170.00	100.00 - 120.00
Galenbindunuwewa	150.00 - 160.00	800.00 - 800.00	700.00 - 750.00	200.00 - 220.00	200.00 - 200.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	140.00 - 145.00	110.00 - 120.00
Bandarawela	180.00 - 200.00	440.00 - 480.00	750.00 - 800.00	180.00 - 220.00	170.00 - 190.00	210.00 - 240.00	210.00 - 240.00	320.00 - 400.00	160.00 - 170.00	140.00 - 150.00
Matale	240.00 - 280.00	600.00 - 800.00	800.00 - 1000.00	200.00 - 240.00	180.00 - 220.00	360.00 - 400.00	320.00 - 400.00	360.00 - 400.00	150.00 - 160.00	130.00 - 140.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/kg)

Week 37: 11 - 17 Sep 2026

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Pineapple	Medium	Small	Betti	Karthakolomban
Colombo	280.00 - 380.00	550.00 - 700.00	200.00 - 350.00	350.00 - 450.00	350.00 - 450.00	450.00 - 650.00	-	-	-	-
Gampaha	240.00 - 280.00	470.00 - 500.00	180.00 - 240.00	-	380.00 - 400.00	360.00 - 400.00	-	-	-	-
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	280.00 - 300.00	500.00 - 540.00	200.00 - 240.00	-	460.00 - 480.00	550.00 - 600.00	-	-	-	-
Dambulla	240.00 - 260.00	460.00 - 480.00	180.00 - 200.00	-	340.00 - 360.00	450.00 - 500.00	-	-	-	1000.00 - 1000.00
Anuradhapura	280.00 - 320.00	550.00 - 550.00	200.00 - 250.00	350.00 - 380.00	400.00 - 400.00	550.00 - 580.00	-	-	-	-
Thambuththegama	280.00 - 350.00	480.00 - 550.00	160.00 - 250.00	-	-	400.00 - 480.00	-	-	-	-
Polonnaruwa	250.00 - 300.00	550.00 - 650.00	180.00 - 220.00	-	350.00 - 450.00	600.00 - 650.00	-	-	-	-
Kaluthara	300.00 - 360.00	540.00 - 560.00	200.00 - 220.00	280.00 - 300.00	300.00 - 340.00	400.00 - 450.00	-	-	-	-
Badulla	300.00 - 350.00	650.00 - 700.00	300.00 - 320.00	300.00 - 350.00	400.00 - 450.00	550.00 - 600.00	-	-	-	-
Keppetipola	250.00 - 270.00	540.00 - 560.00	180.00 - 200.00	-	220.00 - 240.00	350.00 - 380.00	-	-	-	-
Moneragala	200.00 - 250.00	400.00 - 450.00	150.00 - 160.00	300.00 - 320.00	340.00 - 360.00	450.00 - 480.00	-	-	-	-
Kegalle	180.00 - 200.00	500.00 - 520.00	180.00 - 200.00	320.00 - 350.00	320.00 - 350.00	400.00 - 450.00	-	-	-	850.00 - 900.00
Ampara	280.00 - 290.00	550.00 - 580.00	160.00 - 180.00	-	-	550.00 - 570.00	-	-	-	-
Dehiattakandiya	280.00 - 330.00	600.00 - 650.00	220.00 - 250.00	-	380.00 - 380.00	450.00 - 500.00	-	-	-	-
Nuwaraeliya	260.00 - 280.00	580.00 - 600.00	200.00 - 240.00	240.00 - 260.00	300.00 - 320.00	420.00 - 440.00	-	-	-	-
Kandy	250.00 - 270.00	550.00 - 600.00	250.00 - 260.00	330.00 - 340.00	380.00 - 400.00	450.00 - 475.00	-	-	-	-
Puttalam	180.00 - 200.00	400.00 - 450.00	170.00 - 200.00	280.00 - 320.00	-	550.00 - 600.00	-	-	-	-
Rathnapura	300.00 - 320.00	500.00 - 600.00	200.00 - 240.00	280.00 - 300.00	320.00 - 350.00	490.00 - 560.00	-	-	-	-
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	260.00 - 280.00	520.00 - 540.00	220.00 - 230.00	-	-	480.00 - 500.00	-	-	-	-
Meegoda (DEC)	220.00 - 250.00	530.00 - 560.00	220.00 - 220.00	320.00 - 330.00	320.00 - 350.00	350.00 - 400.00	-	-	-	-
Embilipitiya	160.00 - 200.00	450.00 - 540.00	170.00 - 260.00	350.00 - 360.00	350.00 - 380.00	480.00 - 520.00	-	-	-	-
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	250.00 - 280.00	350.00 - 400.00	150.00 - 180.00	240.00 - 260.00	270.00 - 300.00	500.00 - 600.00	-	-	-	-
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	180.00 - 200.00	350.00 - 380.00	150.00 - 160.00	240.00 - 260.00	280.00 - 300.00	600.00 - 650.00	-	-	-	950.00 - 1100.00
Batticaloa	-	600.00 - 650.00	200.00 - 230.00	300.00 - 350.00	-	540.00 - 560.00	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-
Veyangoda	250.00 - 280.00	580.00 - 620.00	220.00 - 250.00	-	350.00 - 400.00	340.00 - 380.00	-	-	-	-
Galenbindunuwewa	220.00 - 230.00	450.00 - 450.00	160.00 - 200.00	350.00 - 350.00	-	550.00 - 600.00	-	-	-	-
Bandarawela	260.00 - 280.00	550.00 - 580.00	220.00 - 240.00	260.00 - 280.00	300.00 - 320.00	450.00 - 550.00	-	-	-	-
Matale	220.00 - 260.00	540.00 - 560.00	200.00 - 220.00	280.00 - 320.00	320.00 - 360.00	420.00 - 580.00	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes	King Coconut(Rs/nut)
Colombo	800.00 - 1200.00	-	230.00 - 350.00	500.00 - 1000.00	300.00 - 600.00	400.00 - 800.00	400.00 - 800.00	500.00 - 1000.00	1900.00 - 2600.00	200.00 - 300.00
Gampaha	-	-	240.00 - 270.00	-	300.00 - 360.00	-	460.00 - 500.00	-	-	220.00 - 240.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	-	-	180.00 - 220.00	-	-	600.00 - 660.00	500.00 - 560.00	-	2400.00 - 2500.00	-
Dambulla	-	-	240.00 - 260.00	600.00 - 650.00	250.00 - 300.00	350.00 - 400.00	300.00 - 380.00	250.00 - 300.00	2700.00 - 2900.00	230.00 - 250.00
Anuradhapura	-	-	240.00 - 280.00	-	550.00 - 580.00	-	460.00 - 500.00	500.00 - 500.00	2500.00 - 2800.00	250.00 - 300.00
Thambuththegama	-	-	200.00 - 250.00	500.00 - 600.00	-	-	320.00 - 400.00	-	-	200.00 - 250.00
Polonnaruwa	-	-	250.00 - 300.00	750.00 - 1000.00	300.00 - 450.00	-	600.00 - 700.00	-	2500.00 - 3000.00	250.00 - 250.00
Kaluthara	-	-	280.00 - 300.00	-	300.00 - 350.00	-	400.00 - 500.00	500.00 - 550.00	2500.00 - 2600.00	170.00 - 180.00
Badulla	-	-	200.00 - 250.00	400.00 - 500.00	400.00 - 450.00	-	-	400.00 - 450.00	3000.00 - 3000.00	300.00 - 350.00
Keppetipola	-	-	250.00 - 260.00	450.00 - 480.00	270.00 - 290.00	390.00 - 420.00	280.00 - 320.00	300.00 - 330.00	2600.00 - 3000.00	250.00 - 260.00
Moneragala	-	-	250.00 - 270.00	700.00 - 760.00	200.00 - 240.00	480.00 - 500.00	300.00 - 350.00	300.00 - 360.00	2800.00 - 3000.00	180.00 - 220.00
Kegalle	-	-	240.00 - 260.00	500.00 - 550.00	360.00 - 400.00	480.00 - 500.00	400.00 - 420.00	400.00 - 450.00	2500.00 - 2500.00	160.00 - 180.00
Ampara	-	-	240.00 - 250.00	600.00 - 650.00	-	-	350.00 - 400.00	-	2300.00 - 2400.00	250.00 - 2400.00
Dehiattakandiya	-	-	280.00 - 350.00	-	350.00 - 400.00	500.00 - 500.00	450.00 - 480.00	300.00 - 350.00	2800.00 - 3500.00	150.00 - 180.00
Nuwaraeliya	-	-	260.00 - 280.00	440.00 - 460.00	280.00 - 320.00	660.00 - 680.00	260.00 - 280.00	340.00 - 360.00	2150.00 - 3450.00	260.00 - 280.00
Kandy	-	-	250.00 - 260.00	700.00 - 800.00	300.00 - 400.00	450.00 - 480.00	400.00 - 500.00	350.00 - 360.00	2400.00 - 2600.00	200.00 - 220.00
Puttalam	-	-	280.00 - 350.00	500.00 - 560.00	-	320.00 - 360.00	500.00 - 600.00	-	2800.00 - 3200.00	160.00 - 170.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	-	250.00 - 300.00	500.00 - 500.00	280.00 - 320.00	350.00 - 400.00	400.00 - 450.00	300.00 - 450.00	2000.00 - 2800.00	150.00 - 180.00
Matara	-	-	-	-	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	-	220.00 - 230.00	-	280.00 - 300.00	-	-	460.00 - 480.00	2400.00 - 2500.00	190.00 - 210.00
Meegoda (DEC)	-	-	230.00 - 280.00	600.00 - 700.00	300.00 - 380.00	320.00 - 350.00	350.00 - 380.00	350.00 - 400.00	2200.00 - 2400.00	-
Embilipitiya	-	-	230.00 - 250.00	600.00 - 650.00	250.00 - 280.00	350.00 - 400.00	260.00 - 300.00	220.00 - 250.00	2450.00 - 2800.00	200.00 - 230.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	300.00 - 340.00	-	-	-	-	-	2500.00 - 2600.00	250.00 - 280.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	-	290.00 - 330.00	-	-	-	-	-	2400.00 - 2500.00	240.00 - 270.00
Batticaloa	-	-	280.00 - 300.00	600.00 - 650.00	400.00 - 450.00	400.00 - 480.00	500.00 - 550.00	-	2000.00 - 2200.00	200.00 - 200.00
Trincomalee	-	-	-	-	-	-	-	-	-	-
Veyangoda	-	-	250.00 - 280.00	-	300.00 - 400.00	-	350.00 - 400.00	-	2500.00 - 2600.00	240.00 - 260.00
Galenbindunuwewa	-	-	240.00 - 250.00	450.00 - 480.00	250.00 - 260.00	500.00 - 550.00	450.00 - 460.00	200.00 - 220.00	2500.00 - 2600.00	250.00 - 250.00
Bandarawela	-	-	220.00 - 240.00	500.00 - 600.00	300.00 - 400.00	-	260.00 - 300.00	400.00 - 450.00	2600.00 - 2800.00	200.00 - 220.00
Matale	-	-	220.00 - 250.00	450.00 - 500.00	550.00 - 600.00	400.00 - 500.00	350.00 - 450.00	400.00 - 500.00	2400.00 - 2600.00	160.00 - 200.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 37: 11 - 17 Sep 2026

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	300.00 – 450.00	800.00 – 1000.00	700.00 – 850.00	1600.00 – 1800.00	3500.00 – 3900.00	1200.00 – 1500.00
Kandy	500.00 – 550.00	900.00 – 1000.00	800.00 – 1000.00	1700.00 – 1800.00	2600.00 – 2700.00	1300.00 – 1400.00
Kaluthara	450.00 – 500.00	–	900.00 – 1050.00	1600.00 – 1650.00	–	1400.00 – 1500.00
Puttalam	700.00 – 750.00	780.00 – 850.00	750.00 – 850.00	1300.00 – 1400.00	–	1300.00 – 1350.00
Matara	–	–	–	–	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	–	–	–	–
Batticaloa	200.00 – 250.00	500.00 – 600.00	1200.00 – 1250.00	1500.00 – 1650.00	1800.00 – 2000.00	1500.00 – 1600.00
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1200.00 – 1700.00	2000.00 – 2300.00	1800.00 – 2200.00	–	36.00 – 38.00	34.00 – 35.00
Kandy	1300.00 – 1400.00	1800.00 – 1900.00	2400.00 – 2500.00	–	36.00 – 37.00	34.00 – 36.00
Kaluthara	–	1850.00 – 2000.00	2200.00 – 2300.00	–	–	–
Puttalam	1300.00 – 1400.00	1400.00 – 1600.00	2450.00 – 2500.00	–	37.00 – 38.00	37.00 – 38.00
Matara	–	–	–	–	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	–	–	–	–
Batticaloa	–	1600.00 – 1650.00	2000.00 – 2200.00	–	38.00 – 38.00	36.00 – 36.00
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/kg)

Week 37: 11 - 17 Sep 2026

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	1400.00 – 1800.00	2000.00 – 2700.00	–	2200.00 – 2600.00	1300.00 – 1500.00	1800.00 – 2500.00
Kandy	1600.00 – 1700.00	–	–	2500.00 – 2600.00	1450.00 – 1500.00	–
Batticaloa	1200.00 – 1350.00	1800.00 – 1850.00	2700.00 – 2800.00	–	1000.00 – 1200.00	800.00 – 900.00
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	1200.00 – 1500.00	–	750.00 – 900.00	1100.00 – 1350.00	1650.00 – 1800.00	2900.00 – 3000.00
Kandy	–	–	980.00 – 1000.00	1175.00 – 1300.00	2200.00 – 2300.00	–
Batticaloa	–	–	600.00 – 650.00	1400.00 – 1500.00	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	2200.00 – 2700.00	1000 – 1200	1700.00 – 2000.00	1100 – 1300	1350 – 1800	850 – 900
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 37: 11 - 17 Sep 2026

	LOCATIONS	Sea Fish									Eggs								
		Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown	
21	Colombo	400.00 - 900.00	900.00 - 1500.00	800.00 - 1600.00	2200.00 - 3600.00	3600.00 - 4800.00	2000.00 - 3200.00	1600.00 - 2600.00	2800.00 - 3600.00	37.00 - 40.00	35.00 - 40.00								
	Gampaha	650.00 - 750.00	1000.00 - 1100.00	-	2500.00 - 2600.00	-	-	-	2800.00 - 3000.00	38.00 - 40.00	36.00 - 38.00								
	Kurunegala	-	-	-	-	-	-	-	-	-	-								
	Nikaweratiya	-	1200.00 - 1300.00	1600.00 - 1800.00	-	-	1800.00 - 1900.00	-	3000.00 - 3200.00	35.00 - 38.00	35.00 - 38.00								
	Dambulla	600.00 - 650.00	1200.00 - 1300.00	900.00 - 1100.00	2400.00 - 2500.00	2800.00 - 3000.00	1600.00 - 1800.00	1800.00 - 2000.00	2600.00 - 2700.00	38.00 - 39.00	36.00 - 37.00								
	Anuradhapura	580.00 - 640.00	1100.00 - 1200.00	1200.00 - 1280.00	2580.00 - 2680.00	2800.00 - 2800.00	1860.00 - 1880.00	2480.00 - 2580.00	2980.00 - 3200.00	-	35.00 - 37.00								
	Thambuththegama	-	-	-	-	-	-	-	-	38.00 - 40.00	38.00 - 40.00								
	Polonnaruwa	800.00 - 800.00	1400.00 - 1400.00	1800.00 - 1800.00	2400.00 - 2400.00	3000.00 - 3000.00	1800.00 - 1800.00	2000.00 - 2000.00	2800.00 - 2800.00	34.00 - 36.00	32.00 - 33.00								
	Kaluthara	650.00 - 700.00	-	1500.00 - 1800.00	2800.00 - 3000.00	-	2400.00 - 2600.00	-	3000.00 - 3200.00	36.00 - 38.00	35.00 - 38.00								
	Badulla	600.00 - 650.00	900.00 - 1000.00	1000.00 - 1400.00	-	-	1600.00 - 1600.00	1600.00 - 1800.00	2200.00 - 3000.00	40.00 - 42.00	35.00 - 40.00								
	Keppetipola	680.00 - 700.00	1300.00 - 1360.00	1750.00 - 1800.00	-	-	1700.00 - 1800.00	1900.00 - 1950.00	2600.00 - 2700.00	42.00 - 43.00	38.00 - 40.00								
	Moneragala	800.00 - 850.00	1200.00 - 1300.00	1200.00 - 1400.00	2600.00 - 2800.00	3000.00 - 3200.00	1500.00 - 1700.00	-	3000.00 - 3200.00	39.00 - 40.00	38.00 - 39.00								
	Kegalle	900.00 - 950.00	1350.00 - 1400.00	2200.00 - 2250.00	3500.00 - 3600.00	-	2000.00 - 2100.00	2400.00 - 2500.00	3500.00 - 3600.00	42.00 - 43.00	38.00 - 40.00								
	Ampara	600.00 - 800.00	1200.00 - 1400.00	2000.00 - 2200.00	3000.00 - 3200.00	-	-	-	3000.00 - 3200.00	-	39.00 - 43.00								
	Dehiattakandiya	800.00 - 800.00	1200.00 - 1200.00	2400.00 - 2400.00	-	-	-	-	-	40.00 - 41.00	38.00 - 40.00								
	Nuwaraeliya	750.00 - 780.00	1360.00 - 1400.00	1800.00 - 1900.00	2000.00 - 2200.00	-	1850.00 - 1900.00	1950.00 - 2000.00	2800.00 - 2900.00	42.00 - 45.00	38.00 - 42.00								
	Kandy	700.00 - 750.00	1150.00 - 1200.00	1200.00 - 1400.00	2700.00 - 2800.00	3300.00 - 3400.00	1700.00 - 1800.00	1600.00 - 1650.00	2900.00 - 3000.00	39.00 - 41.00	38.00 - 39.00								
	Puttalam	800.00 - 900.00	1000.00 - 1200.00	1000.00 - 1150.00	1800.00 - 2000.00	-	1650.00 - 1800.00	2200.00 - 2400.00	2800.00 - 3000.00	40.00 - 42.00	40.00 - 40.00								
	Hambantota	-	-	-	-	-	-	-	-	-	-								
	Rathnapura	700.00 - 800.00	1200.00 - 1200.00	1500.00 - 1600.00	3000.00 - 3200.00	4200.00 - 4400.00	3000.00 - 3200.00	1800.00 - 2000.00	3000.00 - 3200.00	38.00 - 39.00	36.00 - 37.00								
	Matara	-	-	-	-	-	-	-	-	-	-								
Galle	-	-	-	-	-	-	-	-	-	-									
Tissamaharama	800.00 - 800.00	-	1200.00 - 1200.00	-	-	-	-	-	-	38.00 - 40.00									
Meegoda	600.00 - 800.00	1000.00 - 1000.00	800.00 - 800.00	-	-	-	-	3900.00 - 4000.00	38.00 - 40.00	33.00 - 38.00									
Embilipitiya	600.00 - 650.00	850.00 - 900.00	1400.00 - 1500.00	2600.00 - 2800.00	2900.00 - 3000.00	-	-	2900.00 - 3000.00	35.00 - 36.00	32.00 - 35.00									
Jaffna	-	-	-	-	-	-	-	-	-	-									
Vavuniya	800.00 - 900.00	1200.00 - 1300.00	1200.00 - 1300.00	2400.00 - 2500.00	3200.00 - 3300.00	1800.00 - 1900.00	-	3200.00 - 3300.00	40.00 - 43.00	38.00 - 42.00									
Mannar	-	-	-	-	-	-	-	-	-	-									
Killinochchi	-	-	-	-	-	-	-	-	-	-									
Mullaittivu	550.00 - 600.00	1250.00 - 1350.00	1200.00 - 1300.00	1900.00 - 2000.00	-	1500.00 - 1600.00	2500.00 - 2650.00	-	40.00 - 43.00	38.00 - 40.00									
Batticaloa	500.00 - 600.00	850.00 - 1000.00	2400.00 - 2400.00	3200.00 - 3200.00	3000.00 - 3300.00	2700.00 - 3000.00	-	3200.00 - 3200.00	42.00 - 43.00	40.00 - 40.00									
Trincomalee	-	-	-	-	-	-	-	-	-	-									
Veyangoda	600.00 - 700.00	1000.00 - 1200.00	-	2800.00 - 3000.00	-	-	2300.00 - 2400.00	3000.00 - 3300.00	38.00 - 40.00	35.00 - 37.00									
Galenbindunuwewa	500.00 - 550.00	1500.00 - 1550.00	2500.00 - 2600.00	3600.00 - 3650.00	4000.00 - 4000.00	3000.00 - 3100.00	2500.00 - 2600.00	3600.00 - 3650.00	-	40.00 - 40.00									
Bandarawela	650.00 - 700.00	1200.00 - 1200.00	1600.00 - 1600.00	2200.00 - 2200.00	-	-	-	-	39.00 - 41.00	36.00 - 38.00									
Matale	700.00 - 800.00	1200.00 - 1400.00	900.00 - 1000.00	2700.00 - 2800.00	3200.00 - 3400.00	1800.00 - 2000.00	1800.00 - 2000.00	2700.00 - 2800.00	40.00 - 41.00	37.00 - 38.00									

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 37: 11 - 17 Sep 2026

LOCATIONS		Dried Fish												
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya
Colombo	1300.00 – 2200.00		2800.00 – 3500.00		3600.00 – 4800.00		2800.00 – 3600.00		2000.00 – 2800.00		2400.00 – 3500.00		1000.00 – 1600.00	
Gampaha	1900.00 – 2000.00		2700.00 – 2800.00		-		-		-		2800.00 – 3000.00		1100.00 – 1200.00	
Kurunegala	-		-		-		-		-		-		-	
Nikaweratiya	1400.00 – 1600.00		2800.00 – 3000.00		-		-		2000.00 – 2200.00		3000.00 – 3200.00		1000.00 – 1100.00	
Dambulla	-		3000.00 – 3200.00		-		3000.00 – 3200.00		2000.00 – 2200.00		2400.00 – 2400.00		1100.00 – 1200.00	
Anuradhapura	2000.00 – 2200.00		-		-		-		-		-		-	
Thambuththegama	-		-		-		2800.00 – 3200.00		1700.00 – 1900.00		2400.00 – 2500.00		1000.00 – 1500.00	
Polonnaruwa	-		-		-		-		-		-		-	
Kaluthara	-		-		-		2800.00 – 3300.00		1600.00 – 2000.00		2800.00 – 3000.00		1300.00 – 1400.00	
Badulla	2000.00 – 2200.00		-		-		-		2000.00 – 2200.00		1600.00 – 1800.00		1200.00 – 1200.00	
Keppetipola	-		-		-		-		-		-		-	
Moneragala	-		-		-		-		-		-		-	
Kegalle	-		2700.00 – 2800.00		-		3000.00 – 3200.00		2200.00 – 2300.00		-		1600.00 – 1700.00	
Ampara	1500.00 – 1600.00		2600.00 – 3000.00		-		2900.00 – 3000.00		2300.00 – 2500.00		1400.00 – 1500.00		-	
Dehiattakandiya	-		2800.00 – 3000.00		-		-		2600.00 – 2800.00		1400.00 – 1600.00		-	
Nuwaraeliya	-		-		-		-		-		-		-	
Kandy	-		-		-		3100.00 – 3200.00		2300.00 – 2400.00		2300.00 – 2400.00		1300.00 – 1350.00	
Puttalam	1800.00 – 2000.00		2400.00 – 2600.00		-		3000.00 – 3200.00		1700.00 – 1800.00		1400.00 – 1600.00		1120.00 – 1200.00	
Hambantota	-		-		-		-		-		-		-	
Rathnapura	1720.00 – 1840.00		2700.00 – 2800.00		3400.00 – 3400.00		2800.00 – 3000.00		2100.00 – 2200.00		2900.00 – 3000.00		920.00 – 1040.00	
Matara	-		-		-		-		-		-		-	
Galle	-		-		-		-		-		-		-	
Tissamaharama	-		-		-		-		-		-		-	
Meegoda	-		-		-		-		1800.00 – 2200.00		-		800.00 – 1000.00	
Embilipitiya	-		2700.00 – 2800.00		-		-		2200.00 – 2400.00		-		1200.00 – 1300.00	
Jaffna	-		-		-		-		-		-		-	
Vavuniya	1200.00 – 1300.00		2400.00 – 2500.00		-		2600.00 – 2700.00		-		1400.00 – 1500.00		800.00 – 900.00	
Mannar	-		-		-		-		-		-		-	
Killinochchi	-		-		-		-		-		-		-	
Mullaittivu	1500.00 – 1650.00		2600.00 – 2800.00		2800.00 – 2950.00		2750.00 – 2800.00		-		1100.00 – 1200.00		1200.00 – 1300.00	
Batticaloa	1500.00 – 1550.00		-		3000.00 – 3200.00		-		-		1200.00 – 1500.00		800.00 – 850.00	
Trincomalee	-		-		-		-		-		-		-	
Veyangoda	-		-		-		-		1800.00 – 2000.00		-		800.00 – 1000.00	
Galenbindunuwewa	2000.00 – 2000.00		3500.00 – 3600.00		3500.00 – 3600.00		2500.00 – 2600.00		2600.00 – 2650.00		3200.00 – 3250.00		800.00 – 860.00	
Bandarawela	-		-		-		-		-		-		-	
Matale	-		3000.00 – 3100.00		4200.00 – 4400.00		3000.00 – 3100.00		1900.00 – 2200.00		1900.00 – 2200.00		1000.00 – 1100.00	

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 37: 11 - 17 Sep 2026

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	3000.00 - 3300.00	1300.00 - 1420.00	1200.00 - 1520.00	4200.00 - 4600.00	2700.00 - 2700.00
Gampaha	-	1280.00 - 1360.00	1300.00 - 1400.00	4500.00 - 4500.00	2600.00 - 2600.00
Kurunegala	-	-	-	-	-
Nikaweratiya	2700.00 - 2800.00	1300.00 - 1380.00	-	-	-
Dambulla	-	1300.00 - 1350.00	1400.00 - 1480.00	-	2600.00 - 2700.00
Anuradhapura	2600.00 - 2800.00	1300.00 - 1350.00	-	-	2400.00 - 2450.00
Thambuththegama	-	1250.00 - 1350.00	-	-	2600.00 - 3000.00
Polonnaruwa	2700.00 - 2800.00	1400.00 - 1480.00	1500.00 - 1600.00	3800.00 - 4000.00	2500.00 - 2600.00
Kaluthara	3000.00 - 3000.00	1300.00 - 1350.00	1350.00 - 1350.00	-	2600.00 - 2700.00
Badulla	-	1450.00 - 1500.00	-	3700.00 - 3800.00	-
Keppetipola	2400.00 - 2400.00	1300.00 - 1360.00	1400.00 - 1460.00	3600.00 - 3600.00	-
Moneragala	2800.00 - 2800.00	1350.00 - 1450.00	1600.00 - 1650.00	-	2700.00 - 3200.00
Kegalle	2800.00 - 2800.00	1360.00 - 1400.00	1300.00 - 1330.00	3800.00 - 4000.00	2900.00 - 3000.00
Ampara	2400.00 - 2500.00	1380.00 - 1480.00	-	-	2900.00 - 3200.00
Dehiattakandiya	-	-	-	-	2500.00 - 3050.00
Nuwaraeliya	3600.00 - 3800.00	1320.00 - 1360.00	1420.00 - 1460.00	3800.00 - 3900.00	3100.00 - 3200.00
Kandy	2700.00 - 2800.00	1260.00 - 1280.00	1270.00 - 1280.00	4200.00 - 4200.00	2800.00 - 3000.00
Puttalam	2650.00 - 2700.00	1350.00 - 1450.00	1600.00 - 1700.00	4500.00 - 4500.00	-
Hambantota	-	-	-	-	-
Rathnapura	3000.00 - 3000.00	1360.00 - 1400.00	1300.00 - 1350.00	4200.00 - 4200.00	2700.00 - 2700.00
Matara	-	-	-	-	-
Galle	-	-	-	-	-
Tissamaharama	-	1400.00 - 1450.00	-	-	-
Meegoda	-	1390.00 - 1400.00	1400.00 - 1400.00	-	2800.00 - 3000.00
Embilipitiya	-	1220.00 - 1280.00	1280.00 - 1300.00	-	2650.00 - 3100.00
Jaffna	-	-	-	-	-
Vavuniya	2400.00 - 2500.00	1350.00 - 1400.00	1550.00 - 1600.00	3800.00 - 4300.00	-
Mannar	-	-	-	-	-
Killinochchi	-	-	-	-	-
Mullaittivu	2300.00 - 2300.00	1450.00 - 1500.00	1600.00 - 1600.00	-	-
Batticaloa	2400.00 - 2500.00	1400.00 - 1450.00	1600.00 - 1700.00	4200.00 - 4500.00	-
Trincomalee	-	-	-	-	-
Veyangoda	2800.00 - 3000.00	1320.00 - 1380.00	1200.00 - 1250.00	4400.00 - 4500.00	2400.00 - 2500.00
Galenbindunuwewa	2600.00 - 2600.00	1260.00 - 1260.00	1450.00 - 1450.00	4500.00 - 4500.00	2500.00 - 2500.00
Bandarawela	-	-	-	4000.00 - 4200.00	-
Matale	-	1280.00 - 1320.00	1200.00 - 1250.00	-	-

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/each)

Week 37: 11 - 17 Sep 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	160.00 · 170.00	165.00	164.17	185.00	0.51	-10.81
Samba 1	225.00 · 230.00	226.67	227.14	242.22	-0.21	-6.42	Small	140.00 · 150.00	145.00	144.29	158.75	0.50	-8.66
Samba 2	220.00 · 222.00	220.80	221.00	234.67	-0.09	-5.91							
Keeri Samba	250.00 · 300.00	269.29	270.00	305.00	-0.26	-11.71	<u>Fruits (Rs/kg)</u>						
Nadu 1	190.00 · 200.00	193.75	194.38	214.38	-0.32	-9.62	Plantain						
Nadu 2	180.00 · 188.00	184.33	186.50	202.00	-1.16	-8.75	Ambul	200.00 · 280.00	244.17	249.17	117.00	-2.01	108.69
Raw (Red)	160.00 · 170.00	165.00	165.71	196.11	-0.43	-15.86	Kolikuttu	500.00 · 550.00	518.33	515.00	244.00	0.65	112.43
Raw (White)	170.00 · 190.00	180.63	181.43	194.38	-0.44	-7.07	Seeni	150.00 · 180.00	164.17	169.17	108.00	-2.96	52.01
Imported							Anamalu	240.00 · 300.00	268.33	259.17	253.60	3.54	5.81
Samba	220.00 · 230.00	225.00	222.50		1.12		Ambun	240.00 · 300.00	276.67	263.33	265.20	5.06	4.32
Nadu	-						Papaw	170.00 · 220.00	194.17	194.17	122.00	0.00	59.15
Raw (Red)	-						Passion Fruit	450.00 · 650.00	531.82	450.00	564.30	18.18	-5.76
Raw (White)	-						Pineapple	290.00 · 350.00	317.50	306.25	321.67	3.67	-1.30
<u>Dried Chillies</u>							Pineapple Medium						
Imported	1000.00 · 1150.00	1075.00	1114.29	622.33	-3.53	72.74	Pineapple Small						
<u>Onion</u>							Mango						
Sinnan	-			190.00			Betti	-					
Vedalan	270.00 · 450.00	367.14	313.33	265.00	17.17	38.54	Karthakolomban	1200.00 · 1500.00	1350.00		1234.29		9.38
Imported	-			230.71			Vilad	700.00 · 850.00	768.75	768.75	657.14	0.00	16.98
<u>Big Onion</u>							Kohu	-					
Imported	250.00 · 280.00	264.17	268.00	123.33	-1.43	114.19	<u>Other</u>						
Local	260.00 · 270.00	265.00	274.17	145.00	-3.34	82.76	Wood Apple	180.00 · 220.00	202.00	211.67	285.00	-4.57	-29.12
<u>Potato</u>							Orange	300.00 · 400.00	330.00	313.64	235.71	5.22	40.00
Welimada	320.00 · 330.00	325.00		225.00		44.44	Avocado	300.00 · 500.00	420.83	385.00	362.14	9.31	16.21
N'Eliya	330.00 · 380.00	358.00	365.00	260.00	-1.92	37.69	Slime Apple	400.00 · 500.00	450.00	437.50	583.33	2.86	-22.86
Imported	170.00 · 220.00	186.43	200.00	174.29	-6.79	6.97	Grapes Imp.,	1380.00 · 1800.00	1504.29	1546.67	1940.00	-2.74	-22.46
<u>Pulses</u>							King Coconut	170.00 · 220.00	191.25	197.78	147.50	-3.30	29.66
Green Gram	700.00 · 750.00	725.00	725.00	804.00	0.00	-9.83	<u>Sea Fish</u>						
Cowpea (White)	650.00 · 750.00	700.00	700.00	1100.00	0.00	-36.36	Salaya	300.00 · 450.00	390.00	380.00	345.00	2.63	13.04
Cowpea (Red)	680.00 · 750.00	720.00	690.00	1100.00	4.35	-34.55	Hurulla	800.00 · 1000.00	920.00	816.67	837.50	12.65	9.85
Red Dhal	240.00 · 255.00	246.25	240.83	238.75	2.25	3.14	Balaya	700.00 · 850.00	780.00	862.50	810.00	-9.57	-3.70
<u>Vegetable</u>							Kelawalla	1600.00 · 1800.00	1710.00	1150.00	1330.00	48.70	28.57
Beans (Butter)	-						Thora	3500.00 · 3900.00	3660.00	3700.00	3145.45	-1.08	16.36
Beans (Green)	400.00 · 500.00	450.00	350.00	305.45	28.57	47.32	Paraw	1200.00 · 1500.00	1320.00	1385.71	1310.00	-4.74	0.76
Carrot	160.00 · 200.00	176.00	196.00	170.77	-10.20	3.06	Mora	1200.00 · 1700.00	1320.00	1230.00	1100.00	7.32	20.00
Leeks	100.00 · 160.00	129.00	153.00	106.15	-15.69	21.52	Shrimps	2000.00 · 2300.00	2160.00	1816.67	1362.50	18.90	58.53
Beetroot	250.00 · 300.00	275.38	257.00	92.14	7.15	198.87	Thalapath	1800.00 · 2200.00	2040.00	2518.75	2263.64	-19.01	-9.88
Knolkhol	120.00 · 160.00	138.00	157.00	103.33	-12.10	33.55	<u>Eggs</u>						
Raddish	70.00 · 100.00	88.00	95.00	68.46	-7.37	28.54	Brown	36.00 · 38.00	36.80	37.50	29.38	-1.87	25.28
Cabbage	220.00 · 260.00	238.18	182.14	107.86	30.77	120.83	White	34.00 · 35.00	34.40	35.33	26.86	-2.64	28.09
Tomato	300.00 · 400.00	350.00	354.17	121.67	-1.18	187.67	<u>Dried Fish</u>						
Ladies Fingers	120.00 · 180.00	145.00	108.00	130.91	34.26	10.76	Sprats	1400.00 · 1800.00	1593.75	1420.00	1683.33	12.24	-5.32
Brinjal	250.00 · 350.00	300.00	350.00	205.71	-14.29	45.83	Sprats (Imported)	1100.00 · 1350.00	1194.44	1240.00	988.89	-3.67	20.79
Capsicum	250.00 · 400.00	336.36	330.00	225.83	1.93	48.94	Kattawa	2000.00 · 2700.00	2250.00	1970.00		14.21	
Pumpkin	130.00 · 160.00	146.00	141.00	41.67	3.55	250.40	Kattawa (Imported)	1650.00 · 1800.00	1712.50	1840.00	1311.11	-6.93	30.61
Cucumber	60.00 · 100.00	77.00	78.00	159.00	-1.28	-51.57	Thora	-		3600.00	2170.00		
Bitter Gourd	280.00 · 350.00	315.00	307.00	294.17	2.61	7.08	Thora (Imported)	2900.00 · 3000.00	2950.00	2700.00		9.26	
Snake Gourd	150.00 · 220.00	184.00	150.00	140.00	22.67	31.43	Mora	2200.00 · 2600.00	2438.89	2370.00	2306.25	2.91	5.75
Drumstick	60.00 · 150.00	101.67	89.09	255.71	14.12	-60.24	Mora (Imported)	2200.00 · 2700.00	2468.75	2400.00		2.86	
Luffa	130.00 · 220.00	175.00	162.00	234.17	8.02	-25.27	Balaya	1300.00 · 1500.00	1400.00	1750.00	1155.56	-20.00	21.15
Long Beans	150.00 · 250.00	201.00	176.00	165.00	14.20	21.82	Balaya (Imported)	1000.00 · 1200.00	1125.00	1662.50		-32.33	
Ash Plantain	130.00 · 150.00	140.00	130.00	59.09	7.69	136.92	Anguluwa	1800.00 · 2500.00	2037.50	1966.67		3.60	
Green Chillies	250.00 · 350.00	290.00	275.00	140.00	5.45	107.14	Anguluwa (Imported)	1700.00 · 2000.00	1821.43	1970.00	1632.22	-7.54	11.59
Lime	500.00 · 850.00	685.00	515.00	1150.00	33.01	-40.43	Maduwa	1200.00 · 1500.00	1420.00	1587.50	904.50	-10.55	56.99
<u>Root Crops</u>							Maduwa (Imported)	1100.00 · 1300.00	1175.00	1666.67		-29.50	
Sweet Potato	100.00 · 150.00	126.00	125.00	115.00	0.80	9.57	Koduwa	-					
Manioc	80.00 · 130.00	108.00	109.00	84.44	-0.92	27.89	Koduwa (Imported)	1350.00 · 1800.00	1628.57	1820.00		-10.52	
<u>Leafy Vegetable</u>							Salaya	750.00 · 900.00	850.00	890.00	500.00	-4.49	70.00
Mukunuwenna	100.00 · 130.00	112.86	124.29	127.50	-9.20	-11.48	Salaya (Imported)	850.00 · 900.00	875.00	883.33		-0.47	
Kankun	100.00 · 130.00	112.86	124.29	127.50	-9.20	-11.48							
Gotukola	250.00 · 280.00	261.43	261.43	310.00	0.00	-15.67							

This Week: Week 37: 11 - 17 Sep 2026

Last Week: Week 36: 04 - 10 Sep 2026

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 37: 11 - 17 Sep 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	170.00 · 200.00	182.00	180.79	209.21	1.21	-13.01
Samba 1	240.00 · 260.00	243.46	246.54	247.78	-3.08	-1.74	Small	150.00 · 160.00	155.33	153.85	182.06	1.49	-14.68
Samba 2													
Keeri Samba	260.00 · 300.00	268.42	269.47	314.29	-1.05	-14.59	<u>Fruits (Rs/fruit)</u>						
Nadu 1	220.00 · 230.00	225.48	226.43	232.92	-0.94	-3.19	Plantain						
Nadu 2							Ambul (Rs/kg)	280.00 · 380.00	325.17	326.30	179.09	-1.12	81.57
Raw (Red)	180.00 · 220.00	201.88	206.43	214.81	-4.55	-6.02	Kolikuttu (Rs/kg)	550.00 · 700.00	616.96	596.40	325.45	20.56	89.57
Raw (White)	190.00 · 220.00	206.25	211.07	215.40	-4.82	-4.25	Seeni (Rs/kg)	200.00 · 350.00	255.67	260.00	174.09	-4.33	46.86
Imported							Anamalu	350.00 · 450.00	388.85	370.00	358.26	18.85	8.54
Samba	230.00 · 260.00	247.50	245.00		2.50		Ambun	350.00 · 450.00	388.85	366.19	376.89	22.66	3.17
Nadu							Papaw(Rs/kg)	230.00 · 350.00	280.36	287.69	202.27	-7.34	38.60
Raw (Red)							Passion Fruit	500.00 · 1000.00	797.22	759.13	826.10	38.09	-3.50
Raw (White)							Pineapple Large	450.00 · 650.00	539.23	538.15	383.33	1.08	40.67
<u>Dried Chillies</u>							Pineapple Medium						
Imported	1200.00 · 1500.00	1374.07	1375.93	844.44	-1.85	62.72	Pineapple Small						
<u>Onion</u>							Mango						
Sinnan							Betti						
Vedalan	420.00 · 600.00	600.00	501.03	399.69	98.97	50.12	Karthakolomban				1470.00		
Imported							Vilad	800.00 · 1200.00	1022.22	900.00	1057.14	122.22	-3.30
<u>Big Onion</u>							Kohu						
Imported	280.00 · 360.00	311.30	317.00	171.72	-5.70	81.28	<u>Other</u>						
Local	300.00 · 340.00	322.22					Wood Apple	300.00 · 600.00	437.50	472.31	536.36	-34.81	-18.43
<u>Potato</u>							Orange	400.00 · 800.00	627.78	583.04	515.71	44.73	21.73
Welimada							Avocado	400.00 · 800.00	633.91	602.38	604.09	31.53	4.94
N'Eliya	400.00 · 480.00	443.33	444.76	409.00	-1.43	8.39	Slime Apple	500.00 · 1000.00	747.50	708.33	804.17	39.17	-7.05
Imported	200.00 · 260.00	234.81	239.29	231.03	-4.47	1.64	Grapes (Imp., Rs/kg)	1900.00 · 2600.00	2261.90	2278.26	2516.67	-16.36	-10.12
<u>Pulses</u>							King Coconut	200.00 · 300.00	241.30	257.62	184.74	-16.31	30.62
Green Gram	850.00 · 1200.00	971.36	970.69	1003.04	0.67	-3.16	<u>Sea Fish</u>						
Cowpea (White)	800.00 · 1200.00	967.50	966.67	1106.25	0.83	-12.54	Salaya	400.00 · 900.00	653.89	704.00	570.00	-50.11	14.72
Cowpea (Red)	800.00 · 1200.00	981.30	974.17	1119.05	7.14	-12.31	Hurulla	900.00 · 1500.00	1120.00	978.57	1150.00	141.43	-2.61
Red Dhal	260.00 · 320.00	291.52	289.44	278.67	2.07	4.61	Balaya	800.00 · 1600.00	1077.78	1887.50	1132.00	-809.72	-4.79
<u>Vegetable</u>							Kelawalla	2200.00 · 3600.00	2883.33	2752.63	2325.00	130.70	24.01
Beans (Butter)							Thora	3600.00 · 4800.00	4138.46	4175.00	4184.62	-36.54	-1.10
Beans(Green)	450.00 · 700.00	549.46	501.84	460.80	47.62	19.24	Paraw	2000.00 · 3200.00	2531.25	2337.65	2186.36	193.60	15.77
Carrot	240.00 · 480.00	363.89	367.37	416.80	-3.48	-12.69	Mora	1600.00 · 2600.00	2054.55	2100.00	1700.00	-45.45	20.86
Leeks	240.00 · 400.00	337.50	338.42	282.59	-0.92	19.43	Shrimps	2200.00 · 2600.00	2360.00	2346.32	2093.33	13.68	12.74
Beetroot	300.00 · 500.00	405.00	383.68	245.93	21.32	64.68	Thalapath	2800.00 · 3600.00	3432.22	3370.53	2847.06	61.70	20.55
Knolkhol	250.00 · 400.00	320.34	323.14	251.60	-2.80	27.32	<u>Eggs</u>						
Raddish	150.00 · 400.00	241.39	247.89	237.20	-6.51	1.77	Brown	37.00 · 40.00	38.62	39.89	31.16	-1.27	23.95
Cabbage	280.00 · 480.00	377.30	359.23	294.44	18.07	28.14	White	35.00 · 40.00	37.52	38.03	29.16	-0.52	28.67
Tomato	400.00 · 600.00	503.55	504.50	242.69	-0.95	107.48	<u>Dried Fish</u>						
Ladies Fingers	180.00 · 400.00	292.57	278.21	258.89	14.37	13.01	Sprats	1800.00 · 3000.00	2344.00	2326.32	1375.00	17.68	70.47
Brinjal	400.00 · 600.00	509.70	512.56	452.92	-2.87	12.54	Sprats (Imported)	1300.00 · 2200.00	1848.28	1879.69	2192.86	-31.41	-15.71
Capsicum	400.00 · 800.00	575.00	559.47	440.38	15.53	30.57	Kattawa	2800.00 · 3500.00	3115.00	3035.00	2290.48	80.00	36.00
Pumpkin	180.00 · 320.00	269.38	266.84	152.04	2.53	77.18	Thora	3600.00 · 4800.00	4200.00	3933.33	3130.00	266.67	34.19
Cucumber	140.00 · 280.00	210.81	213.95	234.07	-3.14	-9.94	Mora	2800.00 · 3600.00	3200.00	3160.87	2833.33	39.13	12.94
Bitter Gourd	380.00 · 600.00	485.15	480.26	469.62	4.89	3.31	Balaya	2000.00 · 2800.00	2411.11	2500.00	2005.00	-88.89	20.25
Snake Gourd	250.00 · 480.00	361.21	352.11	288.57	9.11	25.17	Anguluwa	2400.00 · 3500.00	2833.33	2861.11	2453.33	-27.78	15.49
Drumstick	160.00 · 480.00	316.22	297.37	412.76	18.85	-23.39	Maduwa	1600.00 · 2400.00	2120.00	2450.00	1888.89	-330.00	12.24
Luffa	250.00 · 480.00	363.24	356.32	328.70	6.92	10.51	Koduwa	2800.00 · 3000.00	2914.29	3025.00		-110.71	
Long Beans	250.00 · 500.00	368.97	358.42	284.40	10.54	29.73	Salaya	1000.00 · 1600.00	1250.00	1331.25	987.50	-81.25	26.58
Ash Plantain	180.00 · 360.00	285.00	281.32	222.31	3.68	28.20	<u>Meat</u>						
Green Chillies	400.00 · 800.00	635.94	627.63	410.37	8.31	54.97	Beef (without Bones)	3000.00 · 3300.00	3180.00	3160.00	2725.00	20.00	16.70
Lime	900.00 · 1500.00	1113.24	840.79	1060.37	272.45	4.99	Chicken (Broiler)	1300.00 · 1420.00	1383.85	1355.38	1371.82	28.46	0.88
<u>Root Crops</u>							Chicken (Curry)	1200.00 · 1520.00	1373.33	1267.50	1291.00	105.83	6.38
Sweet Potato	200.00 · 360.00	276.18	271.67	273.33	4.51	1.04	Mutton	4200.00 · 4600.00	4433.33	4533.33	3866.67	-100.00	14.66
Manioc	150.00 · 240.00	209.39	211.43	204.44	-2.03	2.42	Pork	2700.00 · 2700.00	2700.00	2700.00	2766.67	0.00	-2.41
<u>Leafy Vegetable</u>													
Mukunuwenna	150.00 · 250.00	200.00	195.00	226.50	5.00	-11.70							
Kankun	150.00 · 250.00	200.00	195.00	226.50	5.00	-11.70							
Gotukola	300.00 · 450.00	383.33	375.00	549.47	8.33	-30.24							

This Week: Week 37: 11 - 17 Sep 2026
Last Week: Week 36: 04 - 10 Sep 2026

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 37: 11 - 17 Sep 2026

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	125.00 – 162.50	148.00
A'pura	105.00 – 110.00	108.33	Dambulla	290.00 – 340.00	318.00	Hambantota	–	
P'naruwa	108.00 – 113.00	110.00	Welimada	320.00 – 335.00	328.00	Embilipitiya	180.00 – 200.00	190.00
Kalawewa	108.00 – 113.00	110.60	Badulla	–		Matara	–	
Kurunegala	–		Carrot			A'pura	200.00 – 240.00	220.00
Dehiattakandiya	110.00 – 120.00	113.33	N'Eliya	170.00 – 180.00	175.00	Luffa		
Nikaweratiya	110.00 – 115.00	112.80	Welimada	135.00 – 150.00	141.00	Dambulla	140.00 – 167.59	152.02
Ampara	110.00 – 118.00	114.33	Hanguranketha	150.00 – 170.00	159.00	Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	240.00 – 250.00	245.00
A'pura	97.00 – 102.00	99.25	N'Eliya	130.00 – 140.00	134.00	Matara	–	
P'naruwa	100.00 – 103.00	101.67	Welimada	100.00 – 110.00	104.00	A'pura	160.00 – 180.00	170.00
Kalawewa	97.00 – 102.00	98.80	Beetroot			Green Chillies		
Kurunegala	–		N'Eliya	155.00 – 160.00	158.00	Dambulla	300.00 – 330.00	320.00
Dehiattakandiya	100.00 – 110.00	103.33	Dambulla	240.00 – 260.00	250.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	360.00 – 380.00	370.00
Nikaweratiya	101.00 – 105.00	103.60	Welimada	140.00 – 150.00	145.00	Puttalam	285.00 – 304.00	294.50
Hambantota	–		Hanguranketha	–		A'pura	–	
Ampara	98.00 – 102.00	100.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	95.00 – 100.00	98.00	Dambulla	125.00 – 145.00	137.00
Matara	–		Welimada	90.00 – 100.00	95.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	140.00 – 150.00	145.00
Embilipitiya	104.00 – 105.00	104.50	Raddish			Matara	–	
Keeri Samba			N'Eliya	40.00 – 45.00	43.00	A'pura	–	
A'pura	117.00 – 120.00	119.00	Welimada	35.00 – 40.00	38.00	Moneragala	100.00 – 120.00	108.00
P'naruwa	120.00 – 125.00	122.33	Hambantota	–		Cucumber		
Kalawewa	125.00 – 132.00	128.75	Hanguranketha	50.00 – 60.00	56.25	A'pura	–	
Kurunegala	–		Cabbage			Dambulla	57.00 – 67.00	61.60
Dehiattakandiya	120.00 – 125.00	123.33	N'Eliya	175.00 – 185.00	181.00	Hambantota	–	
Red Onion			Welimada	150.00 – 160.00	154.00	Matara	–	
Puttalam	285.00 – 304.00	293.25	Badulla	–		Long Beans		
Jaffna	–		Hanguranketha	150.00 – 180.00	163.00	Dambulla	145.00 – 182.50	157.08
Big Onion			Tomato			Hambantota	–	
Dambulla	225.00 – 249.00	237.80	Welimada	330.00 – 350.00	338.00	Embilipitiya	200.00 – 220.00	210.00
Kalawewa	–		Hambantota	–		Matara	–	
A'pura	280.00 – 290.00	285.00	Dambulla	290.00 – 320.00	308.00	A'pura	–	
Potato			Hanguranketha	250.00 – 300.00	278.75	Ash Plantain		
N'Eliya	285.00 – 300.00	292.00	<u>Vegetable (Low Country)</u>			Hambantota	–	
Badulla	–		Ladies Fingers			Embilipitiya	80.00 – 90.00	85.00
Welimada	250.00 – 260.00	255.00	A'pura	–		Matara	–	
<u>Pulses</u>			Dambulla	115.00 – 125.00	121.00	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	130.00 – 140.00	135.00	Embilipitiya	450.00 – 480.00	465.00
Moneragala	550.00 – 600.00	570.00	Matara	–		Moneragala	700.00 – 720.00	708.00
Embilipitiya	600.00 – 610.00	605.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	400.00 – 450.00	428.00	A'pura	–		Banana		
A'pura	–		Dambulla	290.00 – 330.00	307.00	Ambul		
Cowpea			Hambantota	–		Moneragala	60.00 – 80.00	68.00
Hambantota	–		Embilipitiya	350.00 – 360.00	355.00	Embilipitiya	140.00 – 160.00	150.00
Nikaweratiya	–		Matara	–		Hambantota	–	
Moneragala	350.00 – 400.00	370.00	Welimada	240.00 – 255.00	249.00	Kolikuttu		
Embilipitiya	600.00 – 610.00	605.00	Capsicum			Moneragala	250.00 – 300.00	270.00
Maize			Badulla	–		Embilipitiya	360.00 – 400.00	380.00
A'pura	–		Welimada	620.00 – 640.00	627.50	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	250.00 – 260.00	255.00	Moneragala	120.00 – 140.00	128.00
A'pura	–		Dambulla	240.00 – 280.00	256.20	Embilipitiya	160.00 – 170.00	165.00
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	300.00 – 320.00	310.00	Pineapple		
A'pura	–		Matara	–		Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 37: 11 - 17 Sep 2026

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Rice</u>																											
Local																											
Samba 1	240.00	-	240.00	240.00	-	240.00	240.00	-	240.00	240.00	-	250.00	240.00	-	240.00	240.00	-	240.00	240.00	-	260.00	240.00	-	240.00	240.00	-	260.00
Samba 2		-			-			-			-			-			-			-			-			-	
Keeri Samba	260.00	-	260.00	260.00	-	260.00	260.00	-	300.00	260.00	-	290.00	260.00	-	260.00	260.00	-	260.00	290.00	-	300.00	260.00	-	260.00	280.00	-	280.00
Nadu 1	220.00	-	230.00	220.00	-	220.00	230.00	-	230.00	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00
Nadu 2		-			-			-			-			-			-			-			-			-	
Raw (Red)	190.00	-	220.00	180.00	-	180.00	190.00	-	200.00	190.00	-	200.00	190.00	-	200.00	180.00	-	220.00	180.00	-	220.00	180.00	-	200.00	210.00	-	220.00
Raw (White)	190.00	-	220.00	200.00	-	200.00	200.00	-	200.00	190.00	-	210.00	190.00	-	220.00	200.00	-	220.00	190.00	-	220.00	200.00	-	210.00	210.00	-	220.00
Imported																											
Samba	230.00	-	230.00		-		240.00	-	250.00	250.00	-	250.00		-			-		250.00	-	260.00	240.00	-	240.00	260.00	-	260.00
Nadu		-			-			-			-			-			-			-			-			-	
Raw (Red)		-			-			-			-			-			-			-			-			-	
Raw (White)		-			-			-			-			-			-			-			-			-	
<u>Dried Chillies</u>																											
Imported	1200.00	-	1300.00	1300.00	-	1300.00	1400.00	-	1500.00	1400.00	-	1500.00	1400.00	-	1500.00	1400.00	-	1500.00	1200.00	-	1300.00	1300.00	-	1400.00	1400.00	-	1500.00
<u>Red Onion</u>																											
Sinnan		-			-			-			-			-			-			-			-			-	
Vedalan	420.00	-	450.00	560.00	-	600.00	480.00	-	520.00	530.00	-	600.00	560.00	-	600.00	480.00	-	480.00	420.00	-	480.00	420.00	-	480.00	600.00	-	600.00
Imported		-			-			-			-			-			-			-			-			-	
<u>Big Onion</u>																											
Imported	280.00	-	300.00	320.00	-	320.00	300.00	-	320.00	320.00	-	340.00	360.00	-	360.00	280.00	-	300.00	300.00	-	320.00	300.00	-	300.00	300.00	-	320.00
Local		-		340.00	-	340.00	320.00	-	320.00	320.00	-	340.00	340.00	-	340.00	300.00	-	320.00		-		300.00	-	320.00	320.00	-	340.00
<u>Potato</u>																											
Welimada		-			-			-			-			-			-			-			-			-	
N'Eliya	400.00	-	420.00	480.00	-	480.00	420.00	-	480.00	460.00	-	480.00	460.00	-	480.00		-		420.00	-	460.00	480.00	-	480.00	480.00	-	480.00
Imported	200.00	-	240.00	260.00	-	260.00	240.00	-	240.00	200.00	-	240.00	240.00	-	260.00	200.00	-	240.00	240.00	-	260.00	240.00	-	240.00	220.00	-	260.00
<u>Pulses</u>																											
Green Gram	850.00	-	900.00	900.00	-	900.00	900.00	-	1000.00	1000.00	-	1000.00	900.00	-	1000.00	900.00	-	1000.00	900.00	-	950.00	880.00	-	880.00	1120.00	-	1200.00
Cowpea (White)	840.00	-	900.00	900.00	-	900.00	900.00	-	1000.00	1100.00	-	1200.00	900.00	-	1000.00	900.00	-	940.00	1000.00	-	1000.00	800.00	-	880.00	1200.00	-	1200.00
Cowpea (Red)	800.00	-	900.00	900.00	-	900.00	900.00	-	1000.00	1100.00	-	1200.00	1000.00	-	1000.00	900.00	-	940.00	850.00	-	850.00	800.00	-	880.00	1200.00	-	1200.00
Red Dhal	260.00	-	280.00	280.00	-	300.00	280.00	-	320.00	280.00	-	320.00	280.00	-	320.00	260.00	-	280.00	260.00	-	280.00	260.00	-	280.00	300.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 37: 11 - 17 Sep 2026

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	450.00 - 550.00	680.00 - 700.00	500.00 - 600.00	550.00 - 600.00	600.00 - 700.00	480.00 - 500.00	500.00 - 520.00	450.00 - 480.00	580.00 - 600.00
Carrot	300.00 - 350.00	480.00 - 480.00	320.00 - 400.00	400.00 - 480.00	340.00 - 400.00	320.00 - 400.00	240.00 - 250.00	320.00 - 400.00	320.00 - 400.00
Leeks	300.00 - 350.00	400.00 - 400.00	350.00 - 400.00	300.00 - 400.00	350.00 - 400.00	350.00 - 400.00	240.00 - 280.00	320.00 - 400.00	300.00 - 400.00
Beetroot	300.00 - 350.00	480.00 - 500.00	400.00 - 480.00	400.00 - 500.00	380.00 - 400.00	350.00 - 400.00	320.00 - 400.00	380.00 - 400.00	400.00 - 480.00
Knolkhol	250.00 - 280.00	360.00 - 400.00	320.00 - 320.00	360.00 - 400.00	360.00 - 400.00	320.00 - 320.00	300.00 - 320.00	320.00 - 400.00	300.00 - 320.00
Raddish	150.00 - 180.00	320.00 - 400.00	240.00 - 280.00	300.00 - 400.00	240.00 - 280.00	200.00 - 240.00	180.00 - 240.00	240.00 - 260.00	260.00 - 320.00
Cabbage	300.00 - 350.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	320.00 - 400.00	320.00 - 400.00	280.00 - 350.00	320.00 - 400.00	350.00 - 400.00
Tomato	400.00 - 450.00	600.00 - 600.00	550.00 - 600.00	550.00 - 600.00	500.00 - 550.00	450.00 - 550.00	450.00 - 480.00	500.00 - 600.00	550.00 - 600.00
Ladies Fingers	200.00 - 250.00	320.00 - 400.00	280.00 - 320.00	300.00 - 400.00	280.00 - 320.00	280.00 - 320.00	180.00 - 240.00	300.00 - 320.00	260.00 - 320.00
Brinjal	400.00 - 450.00	600.00 - 600.00	540.00 - 600.00	480.00 - 600.00	480.00 - 600.00	400.00 - 480.00	500.00 - 600.00	500.00 - 600.00	600.00 - 600.00
Capsicum	400.00 - 500.00	700.00 - 800.00	600.00 - 700.00	600.00 - 800.00	550.00 - 600.00	500.00 - 600.00	400.00 - 480.00	600.00 - 600.00	600.00 - 640.00
Pumpkin	180.00 - 220.00	280.00 - 320.00	280.00 - 280.00	280.00 - 320.00	240.00 - 260.00	240.00 - 280.00	180.00 - 240.00	280.00 - 320.00	240.00 - 280.00
Cucumber	140.00 - 180.00	280.00 - 280.00	200.00 - 240.00	240.00 - 280.00	200.00 - 250.00	160.00 - 200.00	150.00 - 200.00	240.00 - 250.00	200.00 - 240.00
Bitter Gourd	400.00 - 500.00	560.00 - 600.00	500.00 - 600.00	560.00 - 600.00	480.00 - 520.00	400.00 - 500.00	380.00 - 400.00	380.00 - 400.00	480.00 - 500.00
Snake Gourd	250.00 - 300.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	320.00 - 400.00	320.00 - 400.00	260.00 - 320.00	320.00 - 400.00	350.00 - 400.00
Drumstick	160.00 - 220.00	400.00 - 480.00	320.00 - 400.00	320.00 - 480.00	300.00 - 400.00	300.00 - 320.00	180.00 - 200.00	320.00 - 400.00	350.00 - 400.00
Luffa	250.00 - 300.00	400.00 - 480.00	380.00 - 450.00	400.00 - 480.00	350.00 - 400.00	280.00 - 300.00	300.00 - 320.00	350.00 - 400.00	400.00 - 400.00
Long Beans	250.00 - 300.00	400.00 - 500.00	400.00 - 480.00	400.00 - 500.00	400.00 - 450.00	-	280.00 - 320.00	320.00 - 400.00	300.00 - 320.00
Ash Plantain	200.00 - 260.00	320.00 - 360.00	280.00 - 320.00	320.00 - 360.00	280.00 - 300.00	240.00 - 280.00	180.00 - 240.00	240.00 - 280.00	300.00 - 320.00
Green Chillies	450.00 - 550.00	800.00 - 800.00	600.00 - 700.00	700.00 - 800.00	600.00 - 700.00	500.00 - 600.00	400.00 - 450.00	500.00 - 600.00	700.00 - 800.00
Lime	900.00 - 1000.00	1400.00 - 1400.00	1200.00 - 1500.00	1300.00 - 1500.00	1000.00 - 1200.00	900.00 - 1000.00	900.00 - 1000.00	1200.00 - 1200.00	1000.00 - 1100.00
<u>Root Crops</u>									
Sweet Potato	200.00 - 250.00	320.00 - 360.00	280.00 - 320.00	320.00 - 360.00	280.00 - 300.00	200.00 - 250.00	200.00 - 240.00	280.00 - 320.00	280.00 - 320.00
Manioc	180.00 - 200.00	200.00 - 240.00	220.00 - 240.00	240.00 - 240.00	200.00 - 240.00	220.00 - 240.00	150.00 - 160.00	200.00 - 220.00	220.00 - 240.00
<u>Leafy Vegetable</u>									
Mukunuwenna	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	150.00 - 150.00	200.00 - 200.00	200.00 - 200.00
Kankun	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	150.00 - 150.00	200.00 - 200.00	200.00 - 200.00
Gotukola	300.00 - 300.00	450.00 - 450.00	400.00 - 400.00	450.00 - 450.00	400.00 - 400.00	400.00 - 400.00	300.00 - 300.00	400.00 - 400.00	400.00 - 400.00
<u>Coconut</u>									
Large	180.00 - 200.00	180.00 - 180.00	180.00 - 180.00	170.00 - 190.00	180.00 - 200.00	180.00 - 180.00	170.00 - 180.00	170.00 - 190.00	190.00 - 200.00
Small	150.00 - 160.00	160.00 - 160.00	150.00 - 160.00	150.00 - 160.00	160.00 - 160.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00	-

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/kg,king Coconut Rs/nut)

Week 37: 11 - 17 Sep 2026

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul	320.00	-	380.00	300.00	-	360.00	350.00	-	350.00	350.00	-	360.00	300.00	-	380.00	280.00	-	350.00	280.00	-	300.00	290.00	-	350.00	300.00	-	350.00
Kolikuttu	580.00	-	650.00	620.00	-	680.00	650.00	-	700.00	550.00	-	580.00	550.00	-	650.00	600.00	-	700.00	580.00	-	580.00	550.00	-	600.00	550.00	-	600.00
Seeni	200.00	-	260.00	250.00	-	260.00	320.00	-	350.00	280.00	-	280.00	250.00	-	250.00	200.00	-	280.00	200.00	-	220.00	260.00	-	300.00	250.00	-	300.00
Anamalu	350.00	-	400.00	360.00	-	450.00	400.00	-	450.00	400.00	-	400.00	350.00	-	400.00	350.00	-	380.00	350.00	-	400.00	350.00	-	380.00	380.00	-	400.00
Ambun	350.00	-	400.00	360.00	-	450.00	400.00	-	450.00	400.00	-	400.00	350.00	-	400.00	350.00	-	380.00	350.00	-	400.00	350.00	-	380.00	380.00	-	400.00
<u>Pineapple</u>																											
Large	500.00	-	500.00	500.00	-	550.00	550.00	-	600.00	460.00	-	500.00	500.00	-	650.00	500.00	-	550.00	450.00	-	460.00	500.00	-	550.00	450.00	-	550.00
Medium	-			-			-			-			-			-			-			-			-		
Small	-			-			-			-			-			-			-			-			-		
<u>Mango</u>																											
Betti	-			-			-			-			-			-			-			-			-		
Karthakolomban	-			-			-			-			-			-			-			-			-		
Vilad	1200.00	-	1200.00	-			1100.00	-	1200.00	1100.00	-	1200.00	800.00	-	900.00	-			-			-			800.00	-	900.00
Kohu	-			-			-			-			-			-			-			-			-		
<u>Other Fruits</u>																											
Wood Apple	400.00	-	400.00	450.00	-	500.00	400.00	-	500.00	600.00	-	600.00	500.00	-	500.00	350.00	-	400.00	400.00	-	500.00	300.00	-	400.00	300.00	-	450.00
Orange	400.00	-	450.00	600.00	-	650.00	800.00	-	800.00	700.00	-	800.00	500.00	-	800.00	600.00	-	600.00	400.00	-	400.00	600.00	-	600.00	600.00	-	600.00
Avocado	500.00	-	560.00	600.00	-	700.00	700.00	-	800.00	700.00	-	800.00	600.00	-	800.00	-			400.00	-	400.00	550.00	-	650.00	600.00	-	700.00
Slime Apple	500.00	-	550.00	800.00	-	800.00	900.00	-	1000.00	1000.00	-	1000.00	700.00	-	800.00	500.00	-	500.00	500.00	-	500.00	700.00	-	800.00	700.00	-	800.00
Grapes	1900.00	-	1900.00	2600.00	-	2600.00	2500.00	-	2600.00	2500.00	-	2600.00	2200.00	-	2300.00	2500.00	-	2500.00	2000.00	-	2000.00	2400.00	-	2400.00	2400.00	-	2500.00
Papaw	230.00	-	250.00	300.00	-	350.00	300.00	-	350.00	280.00	-	300.00	250.00	-	300.00	280.00	-	300.00	240.00	-	250.00	280.00	-	290.00	230.00	-	280.00
Passion	800.00	-	800.00	800.00	-	800.00	900.00	-	1000.00	1000.00	-	1000.00	800.00	-	850.00	600.00	-	700.00	500.00	-	500.00	800.00	-	800.00	700.00	-	800.00
King Coconut	220.00	-	280.00	250.00	-	300.00	250.00	-	250.00	250.00	-	250.00	200.00	-	250.00	200.00	-	200.00	200.00	-	200.00	240.00	-	250.00	220.00	-	250.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 37: 11 - 17 Sep 2026

	CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA	
30	<u>Sea Fish</u>																		
	Salaya	450.00	600.00	800.00	800.00	600.00	900.00	900.00	900.00	800.00	800.00	700.00	720.00	400.00	500.00	600.00	600.00	700.00	700.00
	Hurulla	900.00	1000.00	1200.00	1200.00	1200.00	1500.00	1200.00	1200.00	-	-	1000.00	1120.00	900.00	1200.00	1200.00	1200.00	1300.00	1300.00
	Balaya	800.00	800.00	1600.00	1600.00	-	-	-	-	-	-	900.00	1000.00	1000.00	1200.00	1000.00	1000.00	-	-
	Kelawalla	2200.00	2800.00	3400.00	3400.00	3000.00	3400.00	3600.00	3600.00	3000.00	3000.00	2600.00	2800.00	2600.00	2800.00	2800.00	3000.00	2600.00	2600.00
	Thora	3700.00	3700.00	4000.00	4800.00	4600.00	4800.00	4600.00	4600.00	3600.00	3600.00	3600.00	4000.00	3900.00	4000.00	4000.00	4000.00	4200.00	4200.00
	Paraw	2000.00	2500.00	2800.00	2800.00	2600.00	2800.00	3200.00	3200.00	2600.00	2600.00	2800.00	2800.00	2000.00	2200.00	2600.00	2600.00	2600.00	2600.00
	Mora	1600.00	2000.00	-	-	2600.00	2600.00	-	-	-	-	1800.00	2000.00	2200.00	2400.00	2200.00	2200.00	2200.00	2200.00
	Shrimps Small	2200.00	2300.00	2400.00	2400.00	2200.00	2400.00	2400.00	2400.00	2300.00	2300.00	2400.00	2400.00	2400.00	2600.00	2200.00	2400.00	2400.00	2400.00
	Talapath	3000.00	3500.00	3600.00	3600.00	3600.00	3600.00	3400.00	3400.00	3580.00	3580.00	3600.00	3600.00	2800.00	3600.00	3600.00	3600.00	3600.00	3600.00
	<u>Eggs (Rs/egg)</u>																		
	Brown	37.00	38.00	38.00	40.00	38.00	40.00	38.00	40.00	37.00	38.00	37.00	38.00	38.00	40.00	37.00	40.00	39.00	40.00
	White	35.00	35.00	37.00	40.00	36.00	38.00	36.00	40.00	38.00	40.00	35.00	40.00	36.00	37.00	38.00	40.00	37.00	40.00
	<u>Dried Fish</u>																		
	Sprats	1800.00	2200.00	2400.00	2600.00	2300.00	3000.00	2600.00	3000.00	2200.00	2600.00	2000.00	2400.00	1900.00	2200.00	2000.00	2200.00	2400.00	2400.00
	Kattawa	2800.00	2800.00	3200.00	3200.00	3200.00	3400.00	3200.00	3500.00	2800.00	3000.00	3000.00	3000.00	2800.00	3200.00	2800.00	3000.00	3000.00	3400.00
	Thora	-	-	-	-	-	-	4800.00	4800.00	-	-	-	-	-	-	3600.00	3600.00	-	-
	Mora	2800.00	3200.00	3200.00	3200.00	3200.00	3500.00	3200.00	3500.00	2800.00	3000.00	3600.00	3600.00	-	-	3000.00	3400.00	-	-
	Balaya	2000.00	2400.00	2200.00	2400.00	2600.00	2800.00	2800.00	2800.00	2800.00	2800.00	2800.00	2800.00	2000.00	2000.00	2000.00	2300.00	2400.00	2700.00
	Anguluwa	2400.00	2400.00	-	-	3000.00	3000.00	3500.00	3500.00	-	-	-	-	-	-	2800.00	3200.00	2800.00	3000.00
Salaya	1000.00	1000.00	-	-	-	-	-	-	1600.00	1600.00	-	-	-	-	1000.00	1400.00	-	-	
<u>Meat</u>																			
Beef (without Bones)	-	-	3300.00	3300.00	3200.00	3200.00	-	-	3100.00	3100.00	-	-	3000.00	3000.00	3300.00	3300.00	-	-	
Chicken (Broiler)	1400.00	1400.00	1380.00	1400.00	1420.00	1420.00	1320.00	1380.00	1400.00	1400.00	1300.00	1300.00	1350.00	1350.00	1400.00	1400.00	1420.00	1420.00	
Chicken (Curry)	1250.00	1300.00	1500.00	1500.00	1490.00	1520.00	1420.00	1420.00	1250.00	1250.00	1200.00	1200.00	1400.00	1400.00	1350.00	1350.00	1300.00	1300.00	
Mutton	-	-	4200.00	4200.00	4500.00	4500.00	-	-	4500.00	4500.00	-	-	4400.00	4400.00	4400.00	4400.00	4600.00	4600.00	
Pork	-	-	2700.00	2700.00	-	-	-	-	-	-	-	-	-	-	-	-	2700.00	2700.00	

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

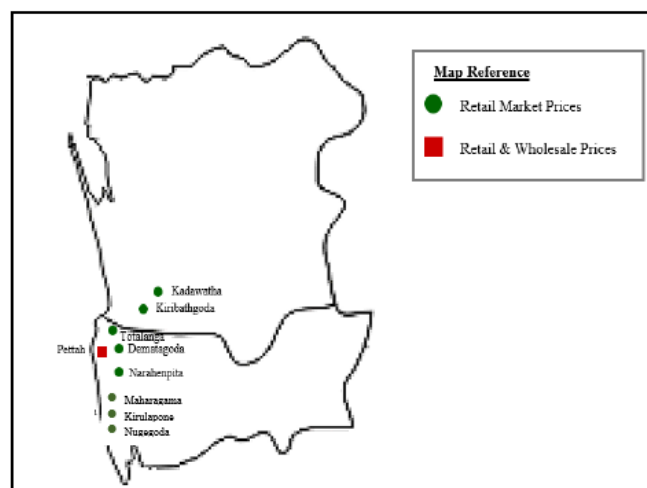
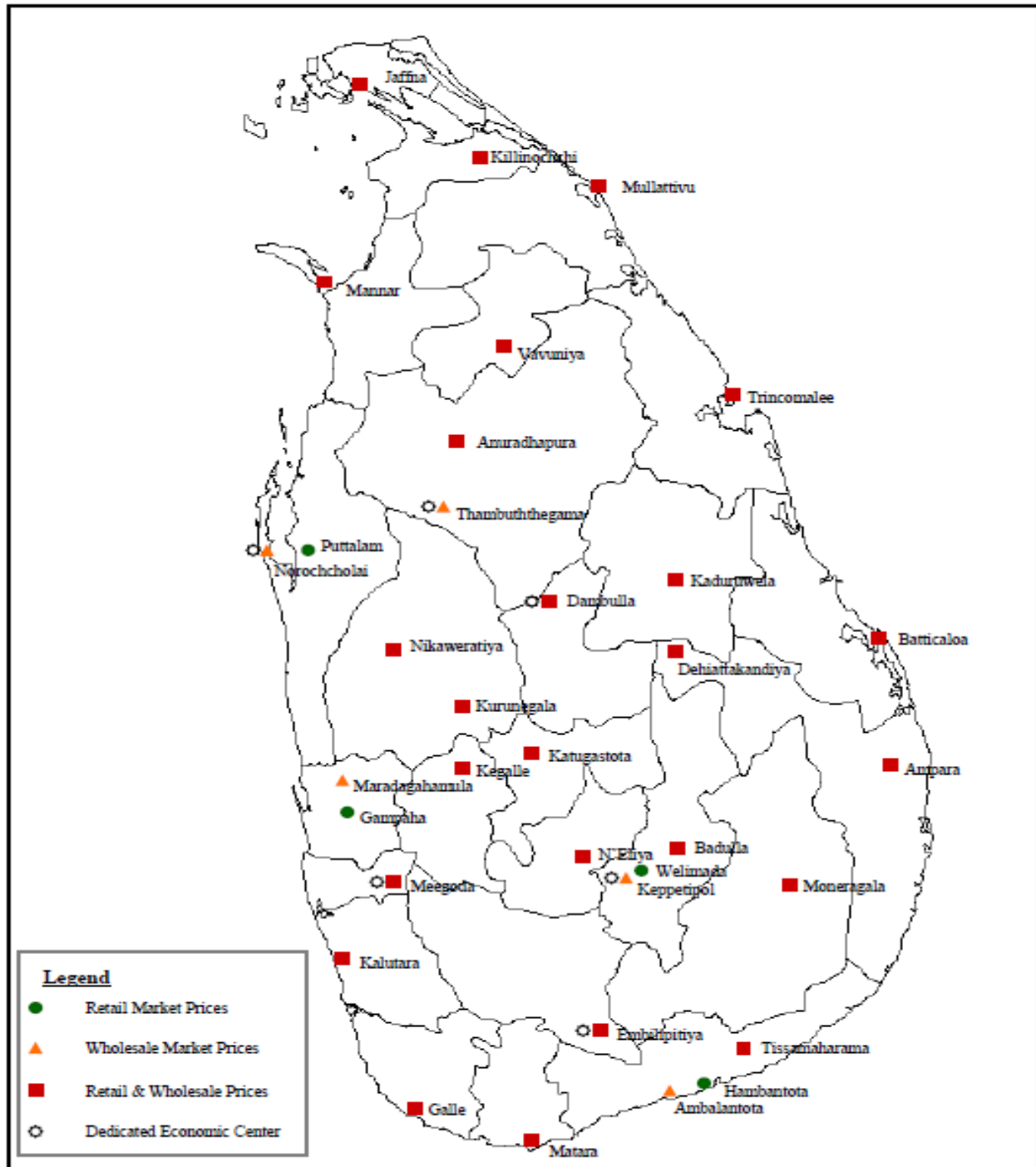
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
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